

## **Blackthorn Children's Centre**

Longmead Court, NN3 8QD - 01604 413504

## **Ecton Brook Children's Centre**

Ecton Brook Road, NN3 5DY - 01604 401230

## **Kingsthorpe Children's Centre**

St Davids Road, NN2 7QJ - 01604 791537

## **Penfold Children's Centre**

Penfold Close, NN2 8AP - 01604 820909

## **Spring Lane Children's Centre**

Spring Lane, NN1 2JW - 01604 791537

## **Thorplands Children's Centre**

Farmfield Court, NN3 8AQ - 01604 367151

## **Upton Children's Centre**

Barring Street, NN5 4DD - 01604 750233

### ***Opening Hours***

*Monday - Thursday: 9.00am - 5.00pm*

*Friday: 9.00am - 4.30pm*

**Ecton Brook is closed on Wednesdays and Blackthorn is closed on Fridays**

**Penfold, Spring Lane and Upton are open part time. Please call for details.**



# Northampton Children's Centres

## Programme of Activities

# April - June 2019

To find out what activities are available at the Libraries please visit the Northamptonshire County Council website.

For all NHS services please search [www.nhft.nhs.uk/0-19](http://www.nhft.nhs.uk/0-19)

To register for Children's Centre services please visit

<https://northamptonshire-self.achieveservice.com/service/register> for children's centre services



## Monday

**Families with Special Education Needs and Disabilities**  
10.00am - 11.30am  
*Kingsthorpe CC*  
Drop in group

**You, Me and Us**  
10.30am - 2.30pm  
*Blackthorn CC*  
Booking required

**Sleep Solutions**  
12.00pm - 1.00pm  
2nd Monday of month  
*Thorplands CC*  
Booking required

**Sleep Solutions**  
12.00pm - 1.00pm  
3rd Monday of month  
*Blackthorn CC*  
Booking required

## Tuesday

**Flourishing Babies**  
9.00am - 11.00am  
Term time only  
*Kingsheath Academy*  
Drop in group

**Parent Drop In**  
9.00am - 11.00am  
Term time only  
*Kingsheath Academy*  
Drop in group

**Multiple Birth Group**  
9.30am - 11.30am  
Term time only  
*Thorplands CC*  
Drop in group

**Flourishing Babies**  
12.00pm - 2.30pm  
*Blackthorn CC*  
Drop in group

**Health Day  
Baby Weigh In**  
12.00pm - 2.30pm  
4th Tuesday of month  
*Blackthorn CC*  
Drop in group

## Wednesday

**Incredible Years**  
9.30am - 11.30am  
Starts 19th June  
*Blackthorn CC*  
Booking required

**Solihull**  
9.30am - 11.30am  
Starts 24th April  
*Blackthorn CC*  
Booking required

**Solihull**  
1.00pm - 2.45pm  
*Kingsthorpe CC*  
Booking required

**Sleep Solutions**  
1.00pm - 2.00pm  
4th Wednesday of month  
*Kingsthorpe CC*  
Booking required

**Housing Advice**  
1.00pm - 3.00pm  
1st & 3rd Wed of month  
*Blackthorn CC*  
Booking required

**Triple P Teen**  
Evening  
Starts 24th April  
*Kingsthorpe CC*  
Booking required

## Thursday

**Health Day  
Baby Weigh In**  
1.00pm - 3.00pm  
2nd Thursday of month  
*Ecton Brook CC*  
Drop in group

**Health Day  
Baby Weigh In**  
1.00pm - 3.00pm  
*Kingsthorpe CC*  
Drop in group

## Friday

**Health Day  
Baby Weigh In**  
9.00am - 10.45am  
1st Friday of month  
*Thorplands CC*  
Drop in group

**Social Supermarket**  
9.00am - 11.00am  
*Blackthorn CC*  
Drop in

## School Based Parenting Groups

**Escape**  
9.15am - 11.00am Tues  
*Weston Favell Academy*  
Call 01604 402121

**Repair**  
For mums & sons who have experienced domestic abuse  
1.15pm - 3.00pm Thurs  
*Abbeyfields School*  
Call 01604 763616

We also offer the Freedom and Stay Free programmes in our centres.

Please call 01604 367500 or 01604 401230 for further information.