Groupwork – skills and processes

<table>
<thead>
<tr>
<th>For what age?</th>
<th>At what level?</th>
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<td>All ages</td>
<td>Experienced or just starting to run groups for children or adults.</td>
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**What is this course about?**

Groupwork is used throughout schools and organisations in Northamptonshire, with children young people, parents and carers. If you would like to discover more about the skills and processes that are helpful in choosing, planning, delivering and evaluating groups, this is the course for you. The course will be practical in nature, supported by theoretical knowledge and facilitated by experienced groupwork practitioners.

**Course objectives**

- Assessing the need and planning the delivery of a group
- To identify the need for group safety and groundrules
- To widen participants’ experience and understanding of groups
- To raise awareness and understanding of groupwork theory
- To build on skills delivering groups
- To explore practicalities and resources for groupwork
- To review, provide feedback and evaluate groupwork

**How do we know it works?**

Children and adults have operated in groups for many years, and for some people it is good to know that other people need help or want to learn about similar topics. Here are a few references:

2. Parent Support Co-ordinator Evaluation – available from Kim Hegarty, khegarty@northamptonshire.gov.uk
3. Bruce Tuckman – Training Together, Tuckman’s Stages of Group Development 1965 [http://escapeparenting.co.uk/contact-us/?sent=1&form=form1_1](http://escapeparenting.co.uk/contact-us/?sent=1&form=form1_1)

**Where can I access training?**

To access centralised training for this course, including at the TaMHS Conference if appropriate, please visit: [www.northamptonshire.gov.uk/TaMHS](http://www.northamptonshire.gov.uk/TaMHS)

Training at your school, or within the clusters, for your staff can be commissioned from the Educational Psychology Service by contacting the TaMHS Administrator: tamhs@childrenfirstnorthamptonshire.co.uk or by speaking to your Link Educational Psychologist.