# Listening to Children: Eliciting and understanding the child’s perspective to support change

## Who is the training for?
All professionals working with children and young people who are keen to gain a rich picture of the child’s perspective to help bring about change.

## Why is it important to listen to children and young people?
Every child has the right to be involved in decisions made about them as set out in the United Nations Convention on the Rights of the Child and numerous other sources of law and guidance. Involving the child in decisions about them as well as the process of changing their own behaviours enhances their sense of autonomy, competence and belonging; increases their motivation and contributes to positive emotional well being.

## What do delegates say?

*The course has made me think about how I gather children's voices and how this impacts on my work.*

Very good course, will take lots away with me - Thank you.

## How will this training help children and young people?
Using psychological theory and techniques including Personal Construct Psychology and Solution Focused Approaches, this training will help practitioners to understand and gain the child’s perspective of a particular situation, thus enabling them to share their views.

Delegates will be provided with:
- An understanding of the benefits of gaining a rich picture of the child’s perspective
- Awareness of the key principles for consulting with children and young people
- Practical guidance on talking with children and young people
- Knowledge of effective techniques for eliciting children and young people’s views

All of which will enable children and young people’s voices to be heard, so that they are at the centre of any decisions.

## Where can I access training?
To access centralised training for this course, including at the TaMHS Conference if appropriate, please visit: [www.northamptonshire.gov.uk/tamhs](http://www.northamptonshire.gov.uk/tamhs)

Training at your school, or within clusters, for your staff can be commissioned from the Educational Psychology Service by contacting the TaMHS Administrator: tamhs@childrenfirstnorthamptonshire.co.uk or by speaking to your Link Educational Psychologist.