



Home Emergency Kit Checklist

Prepare a Home Emergency Kit in case you need to be self sufficient during an emergency incident.

Recommended items to include:

Water - for drinking and sanitation (4 litres of water per person per day for at least three days)	Tick
Food - at least a three-days supply of non-perishable items, eg, canned and tinned food that will not get contaminated or go off quickly	
Battery-powered or wind up radio and extra batteries	
Torch and extra batteries	
First aid kit	
Whistle to signal for help	
Dust mask - to help filter contaminated air	
Plastic sheeting and duct tape - in case temporary shelter is required	
Wet wipes, bin bags and plastic ties for personal sanitation	
Wrench or pliers to turn off utilities	
Can opener for food to open canned food	
Local maps	
Personal medication	
Mobile phones with chargers	
Warm and waterproof clothing and suitable footwear	
Blankets	
In Case of Emergency Grab Bag	