East Northants Health and Wellbeing Forum
East Northants District Council Chamber, Cedar Drive, Thrapston, NN14 4LZ
Wednesday 15 November 2017, 1400-1600

ATTENDEES

<table>
<thead>
<tr>
<th>Name</th>
<th>Role</th>
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<tr>
<td>Alan Armson (AA)</td>
<td>Chair</td>
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<tr>
<td>Joe Bailey (JB)</td>
<td>ENDC</td>
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<td>Mike Deacon (MD)</td>
<td>ENDC</td>
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<tr>
<td>Frank Early (FE)</td>
<td>NCC Public Health</td>
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<td>Cllr Marian Hollomon</td>
<td>East Northants District Council</td>
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<td>Stuart Mallett (SM)</td>
<td>Nene CCG (Speaker)</td>
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<td>Jenna Parton (JP)</td>
<td>First For Wellbeing</td>
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<td>Gwen Radcliffe (GR)</td>
<td>NCALC</td>
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<td>Dawn Richards (DR)</td>
<td>Spire Homes</td>
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<tr>
<td>Karen Seagrove (KS)</td>
<td>Nene CCG (Minutes)</td>
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<td>Jessica Slater (JS)</td>
<td>SERVE</td>
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<td>Emma Sylvester (ES)</td>
<td>Freedom Leisure/ENDC</td>
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<td>Carol Underwood (CU)</td>
<td>Volunteer Action for Oundle</td>
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APOLOGIES

Tracey Angus, Camb&PBoro CCG, John Fryatt, Charlotte Goodwin, Gwen Radcliffe, Sara Robinson, Louise Tarplee

SUBJECT

1. Introduction and Apologies

Introductions were made around the table, apologies received as noted above. The Chair confirmed that due notice of the meeting had been given in line with the Terms of Reference, and that the meeting was quorate.

CONCLUSIONS

Admin Note: There were no declarations of interest made at this point, however later in the meeting at Agenda Item 6 Frank Earley declared himself as an NCC employee, Jenna Parton also declared an interest as an NCC sub-contractor. The Chair was happy for Frank and Jenna to remain in the meeting for this item, it was acknowledged that neither would not take part in the discussions regarding NCC’s Bus and Library strategy reviews.

SUBJECT

2. Minutes of the previous meeting held 20 September 2017 (ENHWB-18-xx)

CONCLUSIONS

The minutes were agreed as accurate representation of the meeting.
3. Action Log of Previous meeting held 20 September 2017 (ENHWB-17-24)

Action Log Item 46 – Peter Lynch had circulated the information as requested – **Action complete**

There were no further Actions to update.

4. Social Prescribing and the STP

Stuart Mallett (SM), Nene CCG STP DSU Programme Lead, gave a presentation to the group about social prescribing and its part in the Sustainability and Transformation Plan (STP). The main points discussed were:

- The aim was for Social Prescribing to be seen as a normal part of the health, care and wellbeing offer to Northamptonshire’s citizens
- A Social Prescribing Policy Statement for Northamptonshire had been developed, SM provided copies to the attendees. If system partners adopted this it meant they agreed to formalise social prescribing as a legitimate option for non-clinical, social, emotional or practical services in the county
- The VCSE (Voluntary Community and Social Enterprise) assurance framework would be utilised and an evidence base developed to show the effectiveness of social prescribing. SM explained that it had been difficult to build a business case model around social prescribing as it was preventative, so if effective then the issues never happened and there was no definitive evidence. The Clinical Scrutiny Committee had approved the initial business model
- The Life Chances Fund Social Impact Board had approved for a full application to be submitted in March 2018
- SM was working with Northampton University to include social prescribing as part of the Nursing curriculum and placements in VCSE organisations
- As of the beginning of December 2017 GP Practices would be referring in and signposting to social prescribing partner organisations as part of Care Navigation
- **How will this work for people in isolated areas?** SM replied that he had been part of background work previously carried out on rural access to services, however it had not reached the implementation stage. SM assured the group that this remained a priority but was not a question he could currently provide a definitive answer for.
- **Who are the drivers/stakeholders for this programme?** SM replied that Voluntary Impact Northamptonshire (VIN) were a partner, Primary Care was heavily involved, Secondary Care (Acutes/Hospitals) were not as closely involved yet. The Health and Wellbeing Board had engaged well and there had been 57 attendees at a recent stakeholder event.
- It was discussed whether other organisations involved in care connections could assist with providing connections in isolated areas. SM agreed that there were valuable networks already in existence, and time-banking had been looked at as part of the
previous rural access work. It was agreed that communities needed to be rebuilt. The group discussed Care Navigation and signposting and social prescribing services working with the STP groups.

SM’s presentation was circulated by email to Forum members following this meeting.

5. Northamptonshire County Council Bus Strategy

Frank Earley (FE) declared an interest as an employee of NCC and would take no active part in this discussion. Jenna Parton (JP) also declared an interest as an NCC sub contracted organisation currently in consultation with NCC. The Chair was happy for FE and JP to remain in the meeting during this item.

The group discussed NCC’s proposed removal of some bus services across the county. Papers had been circulated prior to this meeting, these were also available from the NCC website:

- ENHWB-17-25 Bus paper 1 (Budget consultation)
- ENHWB-17-26 Bus paper 2 (Bus Services)
- ENHWB-17-27 Bus paper 3 (Removal of subsidies)
- ENHWB-17-28 Bus paper 4 (List of affected services)
- ENHWB-17-29 Bus paper 5 (Discussion pack)

NCC were considering the removal of some bus services that were unable to operate without a subsidy, the consultation began 19 October 2017 and responses were required by 01 December 2017. AA proposed that the Forum submitted a formal group response to the proposals, this was agreed by those present. It was acknowledged that this would link with the Forum’s Rural Isolation and Frail & Elderly priorities.

CU showed the group the East Northants villages which were listed as areas of multiple deprivation and were currently served by CallConnect bus services which were under threat. Volunteer Action only had limited volunteers who supported villages with community transport, they would not be able to provide additional services. Transport Tokens were discussed as a possible solution, so that vulnerable people would have funds available if needed. It was acknowledged that free bus passes were of no help if there were no buses.

The group agreed to discuss and propose effective solutions that may mitigate the effect of the bus service reductions. It was agreed that it was important to offer alternative suggestions to NCC as part of the formal response. It was suggested and agreed that a joined up response with South Northants Health and Wellbeing Forum would be effective as they often experienced the same rural access issues as East Northants. AA agreed to contact South Northants Forum. A draft response would be written and circulated to the group for feedback before submission.

ACTION ITEMS

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1. AA to speak with South Northants Health and Wellbeing Forum regarding a joint formal response to NCC Bus Strategy
6. Task and Finish Groups

Frank Earley (FE) updated the group regarding Pre-Diabetes, the main points discussed were:

- INGEUS referrals countywide have exceeded targets, FE was awaiting East Northants figures
- INGEUS sessions would continue; NCC were bidding for funding to do this
- East Northants GPs still needed to get behind the referrals to INGEUS, 3Sixty Care Partnership and Dr Chris Ellis were to promote this
- District Councils and First For Wellbeing were actively working with communities

Separately, FE talked about the effective Falls Prevention work being done; linking with SERVE and ENDC/Freedom Leisure.

Carol Underwood (CU) updated the group regarding Frail and Elderly, the main points discussed were:

- Oundle Library was among many in East Northants that were under threat of closure. CU highlighted Oundle Library as it served a large area and supports the housebound library service for Corby Library as well as its own population. First For Wellbeing services were provided from the library as it was close to the GP practice
- It was acknowledged that any response from ENDC regarding their manned desks and other services provided in libraries would include all the area’s libraries that were under threat of closure
- The group agreed that libraries were no longer only about books, they were community hubs and provided many services. Any campaign group would need to ensure involvement from all those services
- It was commented that libraries in other areas were now run by volunteers following a similar programme of closures
- A formal group response would be drafted and circulated to the group for feedback, the deadline for submission was 13 January 2018. Gwen Radcliffe agreed to lead the group’s response, with agreement of support from the rest of the group

Jessica Slater (JS) spoke to the group regarding Rural Isolation, it was discussed that membership of this group had dwindled and there was no clear objective set. JS suggested a mapping exercise of services in East Northants to identify gaps, however it would need to be established how this information could be used once obtained. AA suggested a review of the Task and Finish Groups should be carried out, to establish current priorities and how they linked.
8. Partner Updates

Joe Bailey (JB) provided some additional information from East Northants District Council (ENDC):

- JB introduced Emma Sylvester, Active Communities Manager at Freedom Leisure. Freedom Leisure had produced a strategy plan and framework using six priorities. ENDC and Freedom Leisure were involved with lots of activities and working together; a priority was ensuring accessibility for rural communities.
- JB informed the group that the Healthy and Active Lifestyle Strategy had now been adopted formally by ENDC. Part of this Strategy was to include isolated areas of the community, it was acknowledged that NCC’s current proposals seemed to contradict this.
- An outreach session of the Strokes Group was to be set up in the Pemberton Centre, Rushden.

It was noted that as part of the Health and Wellbeing Board’s partner update, a presentation had been given by the Mental Health Crisis Pathway team which may be of interest to the group. Marian Hollomon added that NHFT had been in consultation with MIND and a Crisis Café should be opening in Rushden very soon. FE suggested that Gordon King may be a useful speaker for the Forum, to speak about improving mental health, crisis and prevention, and dementia.

There were no further updates or questions asked by those present.

ACTION ITEMS

5 (#). FE to contact Gordon King regarding speaking at a future meeting about improving mental health, crisis and prevention, and dementia.

LEAD FE

DEADLINE

9. Future Meetings

Due to clashes with existing meetings it was suggested by AA that the next meeting be held in February, there were no objections from those present.

2018 Forum meetings

Wednesday 21 February 2018
Wednesday 18 April 2018
Wednesday 20 June 2018
East Northamptonshire

Wednesday 15 August 2018
Wednesday 17 October 2018
Wednesday 19 December 2018
All meetings run 1400-1600 at East Northants District Council, Members’ Meeting Room, Cedar Drive, Thrapston, NN14 4LZ

If available, Gordon King would speak at the February meeting regarding Mental Health, and John Soto from British Red Cross. AA invited the group to contact him with any further suggestions for Items

10. Any Other Business
Gwen Radcliffe informed the group that the NCALC Board meetings would now include an item on the Health and Wellbeing Forum, any item suggestions were invited. Please send to danny@northantscalc.com

DATE OF NEXT MEETING:
Wednesday 21 February 2018
1400-1600
East Northants District Council Members’ Meeting Room, Cedar Drive, Thrapston, NN14 4LZ