

Minutes of the Northampton Health and Wellbeing Forum
12.00 pm Tuesday 9th January 2018
G14, One Angel Square, Northampton.

Present:

Dr. Tom Howseman	(TH)	Chair, Nene CCG GP Locality Lead, Northampton Locality,
David Atkinson	(DA)	Vice Chair, Northampton, East and South Locality Patient Group
Cllr Sylvia Hughes	(SH)	Chair of the Northamptonshire Health and Wellbeing Board
Peter Lynch	(PL)	Health and Wellbeing Board Business Manager, Northamptonshire County Council
Jeanette Pidgen	(JP)	Northampton West Locality Support Manager, Nene Clinical Commissioning Group
Frank Earley	(FE)	Service Development Relationship Manager, Northamptonshire County Council
Sarah Ward	(SW)	Area Manager, First for Wellbeing
Dr. Dipesh Naik	(DN)	Chair, General Practice Alliance,
Jill Spiby	(JS)	Healthwatch

Minute Taker:

Cheryl Bird	(CB)	Northamptonshire County Council
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Apologies:

Derry Miller	(DM)	Services Director Age-UK
Muriel James	(MJ)	Chair, Central Locality Engagement Group
Louise Tarplee	(LT)	Senior Locality Manager, Nene Clinical Commissioning Group
Esther Bushell	(EB)	Service Delivery Manager, First for Wellbeing
Phil Harris	(PH)	Head of Housing and Wellbeing, Northampton Borough Council
Jane Finch	(JF)	Northampton Locality support Manager, Nene Clinical Commissioning Group
Cllr Stephen Hibbert	(SHi)	Northampton Borough Council
Victoria Leitner	(VL)	Social Prescription Development Manager, Public Health and Wellbeing, Northamptonshire County Council
Kate Howard	(KH)	Deputy Director of Nursing, Northamptonshire Healthcare Foundation Trust
Jane Pitchfork	(JPi)	Commissioning Manager, Northamptonshire County Council
Nicky McKenzie	(NM)	Northampton Partnership Homes

1. Welcome and Introductions

TH opened the meeting and welcomed everyone present.

2. Minutes from the Previous Meeting 17th October 2017

The minutes from the previous meeting of the 17th October 2017 were agreed as an accurate record.

3. Matters Arising

The action for PH to circulate the briefing for Northampton Partnership Homes (NPH) on fire safety is to be carried over to the next meeting.

Action:PH

PL to remind NM to forward NPH Fire Safety Officers contact details to DN.

Action:PL/NM

4. Social Isolation Workstream

TH gave the group a brief update on the social isolation workstream. The proposal to develop and widen the Green Pot scheme has currently stalled and DM has recently had meetings to discuss expanding the Keep Safe Scheme. This scheme is run in conjunction with Northamptonshire Police where a sticker is placed in a window of an organisation that provides local services to those suffering with a learning disability, showing that they are a place of safety where they can be supported. DM has proposed widening this scheme to the cognitive impaired such as dementia patients, and the patients would carry a Keep Safe card with them containing relevant information such as contact details and medication details. TH noted there would no need to pilot this initiative as it has been running successfully for a number of years with the learning disability cohort and it could be run in tandem with the green pot scheme. The group agreed in principle to this proposal and PL will ask DM to bring a report to the next meeting, highlighting all aspects of the proposal in more detail and ensuring the appropriate stakeholder engagement has been completed.

Action:PL/DM

5. Report from CVD Workstream

FE gave the group an update on the CVD Workstream. There are unhealthy behaviours and social and environmental factors which significant risks for cardiovascular disease:

- High cholesterol
- High Blood Pressure
- Poor diet
- Harmful drinking
- Smoking
- Physical inactivity
- Employment
- Housing
- Family history
- Pollution
- Poverty

The proposed approach is to use existing health and wellbeing resources to support local people to address the CVD risk factors noted above include:

- Workplace setting approach – design bespoke initiatives for businesses for local interventions
- Promotion of:
 - FFW / “One You” resources
 - British Heart Foundation - have initiatives businesses can opt into
 - Workplace Challenge – hosted by NSport.
 - Know Your numbers
 - NHS Health Checks – identify people at an earlier stage who may be at risk and encourage to adopt healthier lifestyle behaviours
- National Diabetes Prevention pilot (NDPP)
- Local FFW healthy life styles offer – incl smoking cessation, physical activity promotion, alcohol awareness, weight management,

- Northampton Borough Council health and wellbeing promotion – incl housing, licencing and Environmental Health
- Trilogy leisure extensive offer – incl. Activity on Referral, health walks, 50+ programme
- Making Every Contact Count (MECC) – free training for frontline workers

FE will contact the British Heart Foundation about their sponsored Heart Towns initiative, to establish whether this may be a viable initiative for collaborative working within Northampton.

Action:FE

FE has been liaising with Julian Wilkes, Environmental Health Officer from Northampton Borough Council about using his business contacts across the town to promote health and CVD prevention. These contacts can also be linked with NSport to ensure there is wider coverage across the town.

TH noted Health Checks are useful for identifying those who have high blood pressure, it is rare for high BPs to be so high as to require on the day management which makes it easier for practices to manage externally taken measurements in a sustainable way. It is important to note that the consistency and accuracy of blood pressure monitoring relies upon correctly calibrated machines.

DN and PH are currently working together to identify the hard to reach groups and looking at the viability of having bespoke initiatives or workshops to help deliver the message about CVD prevention and changing behaviours to adopt a healthier lifestyle.

The group agreed it would be beneficial if a flyer could be created which could be distributed to the public via organisations such GP practices, pharmacies or leisure centres. DN added there is also an opportunity to use social media to circulate the flyer amongst the younger population.

FE is waiting to liaise with JW and Tim O'Donovan (ToD) regarding using key contacts and linking in with CVD prevention work already being completed.

Action:FE

JP will askToD to contact FE as a matter of urgency.

Action:JP

FE will circulate next steps and recommendations to the group for consideration at the next meeting.

Action:FE

SH asked FE for this initiative to be reported to the Health and Wellbeing Board via the Healthy Workplaces Workstream update. FE agreed and will discuss at the next Healthy Workplaces meeting on the 24th January.

Action:FE

6. Forum Chairs Group Meeting Feedback

DA gave the group an update from the Forum Chairs Group meeting held on the 7th December 2017.

The Health and Wellbeing Board (HWBB) currently has workstream under development around Adverse Childhood Experiences (ACEs), which could be crucial to future priorities of this Forum. A steering group has been created comprising of partners from across the county to generate a set of recommendations for the HWBB to take forward and an external facilitator John Bewick is attending the next HWBB meeting to move this project forward by reviewing partnership working and development of the Board objectives. The following experiences identified relating to ACE's:

- Sexual, physical and/or emotional abuse by a parent or carer
- Emotional and/or physical neglect by parent or carer

- Parent/carer addicted to drugs or alcohol
- Witnessed abuse in the household
- Family member in prison
- Family member with mental illness
- Parental separation/divorce

For those who experience ACE's there is an increased risk of the following unhealthy behaviours which have links with public health and community safety:

- Early sex (before 16 years)
- Unwanted teen pregnancy
- Smoking
- Binge drinking
- Illegal substance use
- Incarceration
- Violence perpetration
- Violence victimisation
- Poor diet

The workstream group has been looking at when and how to intervene in trying to prevent ACEs to stop unhealthy behaviours in later life and to try and stop the intergenerational cycle of unhealthy behaviours. There will be a Health and Wellbeing Board Development session held on the 8th February focusing on ACEs, and SH will provide feedback at the next meeting from this development session.

The following items were also discussed at the Health and Wellbeing Board meeting 9th November.

- Damon Lawrenson, Interim Chief Executive, Northamptonshire County Council and Lucy Wightman, Director of Public Health, Northamptonshire County council have become HWBB members.
- Simon Weldon has been appointed as Chief Executive for Kettering General Hospital and will start in his new role April 2018. FW will continue as interim Chief Executive until then.
- Northampton General Hospital had a recent CQC inspection where they were assessed against five domains - whether care is: safe, effective, caring, responsible and well led. NGH has now been classified as good across all domains and outstanding in well led and A&E provision. The focus now is to maintain and improve on these classifications.
- Following discussions between NHS Nene and NHS Corby Clinical Commissioning Group Boards, a proposal has been approved by Secretary of State for Health for Carole Dehghani, Chief Executive of NHS Corby CCG, to be the interim Chief Accountable Officer for Nene CCG whilst she remains the substantive Accountable Officer for NHS Corby CCG.
- Gordon King, Deputy Director of Mental Health at NHFT, gave the Board a brief overview of the Health and Wellbeing Board's Recovery Focused Mental Health Development session held on the 12th October 2018. The session focused on work happening under the Board's Mental Health Crisis Care Concordat Steering Group, as well as showcasing recovery focused work, the Recovery College and co-production.
- Mike Coupe (MC) gave an update on the STP, confirming the STP reset finished in December 2017 and reporting process for the STP will be overhauled in 2018. MC reassured the HWBB there is no loss of commitment to the health and wellbeing agenda, but there are national and local priorities and the first set of priorities is set by the NHS England around the Five Year Forward View.
- An update was given around the situation surrounding the Corby Urgent Care Centre and the ongoing evaluation of healthcare within the Corby area. DA noted the results from this evaluation and subsequent re-modelling of services could have implications for healthcare services within Northampton.

The minutes from the Forum Chairs Group meeting will be circulated to the group.

Action:CB

7. Date of Next Meeting

The next meeting will be on the 10th April 2018, 1-3pm, One Angel Square, Northampton.