

**Minutes of the Northampton Health and Wellbeing Forum  
held at 1.30 pm on Thursday 15<sup>th</sup> January 2015 at  
the Kinetic Room, Francis Crick House, Moulton Park, Northampton**

**Present:**

Jane Carr - Chair	(JC)	Chief Executive, Voluntary Impact Northamptonshire
Rosie Newbigging	(RN)	Chief Executive, Healthwatch
Lynne Jones	(LJ)	Service Manager, Northamptonshire County Council
Dr Dipesh Naik	(DN)	GP Representative, Nene Clinical Commissioning Group
David Atkinson	(DA)	Chair, Northampton, East and south Locality Group
Peter Lynch	(PL)	Health and Wellbeing Board Business Manager, Northamptonshire County Council
Louise Tarplee	(LT)	Senior Locality Manager, Nene Clinical Commissioning Group
Helen Eason	(HE)	
Naomi Caldwell	(NC)	
Jeanette Pidgen	(JP)	Northampton West Locality support Manager, Nene Clinical Commissioning Group
Moya McVicar		
Muriel James	(MJ)	Chair of Central Locality Engagement Group
Sean Carter	(SC)	Service Manager, Northamptonshire County Council
Michael Robinson	(MR)	Commissioning Manager, Northamptonshire County Council
Kelly Morris	(KM)	Service Relationship and Health Protection Manager, Northamptonshire County Council
Simon Favell	(SF)	Housing and Community Wellbeing Officer, Northampton Borough Council

**Minute Taker:**

Cheryl Bird	(CB)	PA, Northamptonshire County Council
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**Apologies:**

Andrew Jepps	(AJ)	Assistant Director Integrated Wellbeing Services Northamptonshire County Council
Caroline Capell	(CP)	Locality Manager, Nene Clinical Commissioning Group

**1. Election of new chair**

The group agreed to JC's appointment as the Chair and DA as Vice Chair.

**2. Minutes from the previous meeting 16<sup>th</sup> October 2014**

The minutes from the previous meeting of 16<sup>th</sup> October 2014 were agreed as an accurate record.

**3. Terms of reference**

The group reviewed the amended terms of reference and asked for the following amendments are to be made:

- Children's Early Help and Prevention representative is to be added to the membership list.
- Administration support to be shared between Nene Clinical Commissioning Group and Northamptonshire County Council.

#### **4. Improving the health and wellbeing of the Eastern European Community**

JP advised an action from the last meeting was to create a sub group looking at improving the health and wellbeing of the Eastern European community, by encouraging this cohort to access primary care and secondary care appropriately and to reduce the inappropriate use of A&E departments.

JP added due to the questions used in the data collection at A&E departments, we are unable to obtain the number Eastern Europeans who present at A&E. It would require additionally funding of £2000k to enable an additional question to be added to be able to drill down into the data and obtain this information.

RN commented that Healthwatch recently conducted survey at NGH A&E department involving approximately 200 people. Two thirds of the group questioned stated they had tried to access services elsewhere before presenting at A&E, but there services were either unavailable or they had been directed to A&E.

LT noted we need to define what the issue is, and whether this Forum can add any value. JC asked for LT and JP to review the both the A&E and Healthwatch data and bring to the next meeting for the forum to decide what the priority will be. RN asked if we can also have more understanding about the health care needs of ethnic groups within the county.

**Action:LT/JP**

#### **5. Teenage Pregnancy**

KM gave the group a presentation on reducing teenage conceptions in Northampton. Although the U18 conception rate per 1000 is declining in Northampton, it is still above the national average, with U18 conceptions leading to an abortion being lower than the national average, hence Northampton has above national average of U18 births.

Factors that are proving most effective in reducing teenage pregnancy are:

- School based sex and relationship education use of social norms such as healthbytes
- Ensuring sexual health services and pharmacy services are young people friendly.
- Programmes focussing on personal development to help equip young people with negotiating skills

The support available for U18's mothers is:

- Support parents, keep them involved in information that is available to young people.
- Both acutes have a teenage pregnancy midwife within their maternity services,
- Home visiting and support to improve the health and welfare of mother and baby.
- An U18 mother is referred into the Family Nurse Partnership (FNP).
- Care to learn, provides paid childcare for teenage mums to go back into full time education.

KM added there are some areas to explore around prevention:

- Improved co-ordination between partners,
- Possibility of using a mystery shopper to assess if sexual health services are young people friendly
- Introduce peer mentors, and establish what sex education services teenage mums had access to.

Additional areas of support could be parenting programmes to help discuss sexual relationships with their children, expanding the work currently being offered in Childrens centres and implementation of the teenage pregnancy pathway.

RN asked if sexual health advice could be incorporated with the administration of the HPV vaccine, KM answered this is being discouraged nationally, as there are concerns it may affect the uptake of the HPV vaccine. KM will discuss with the NCC engagement team to see if any research work can be conducted on this.

**Action:KM**

JC to discuss with JC how the voluntary sector can be incorporated into teenage pregnancy services. MR also asked for support to be considered for teenage fathers.

**Action:JC/KM**

KM confirmed she is currently reviewing the EHC pharmacy provision within the county.

RN advised Healthwatch are hosting a Health and Wellbeing Youth conference at the Kettering Conference Centre on the 18<sup>th</sup> February and asked if any present would like a display materials. KM to liaise with NHFT about having a presentation stand.

**Action:KM**

## **6. Reduce high mortality from cardiovascular disease**

JP gave the group an update on mortality from cardiovascular disease on behalf of Tim O'Donovan. Data shows Northampton has high mortality from cardiovascular disease, and work is focusing around prevention, identifying patients at risk using evidence based and a risk strategy tool to help with the appropriate management of people's conditions and prevent premature death. The Care Closer to Home scheme will be an enabler to care for people in their own homes and to reduce hospital admissions, there will be a heart specialist clinic ruin within the community and the NHS health checks initiative is helping to identify those who may be a risk from cardiovascular disease. LT to bring information about the Care Closer to Home scheme to the next meeting.

**Action:LT**

JP added there is also a need to increase education about cardiovascular disease before conditions arise. JC noted that Voluntary Impact Northamptonshire could help with the circulation of information to target groups within the Borough. SF advised he has developed a proposal to work with the GP alliance/federations to promote healthchecks and perhaps use incentives such as getting a free NBC leisure centre pass. RN advised the British Heart Foundation have good health promotion information around keeping healthy and prevention work.

KM confirmed she will create a task and finish group to access what information is available dealing with cardiovascular disease and prevention, JC offered to be part of the group, JC will also meet with Darin Seiger to establish how VIN an help with this work.

**Action:KM**

LT will get information around funding and who delivers events relating to cardiovascular around the county and feedback to the group at the next meeting.

**Action:LT**

JC asked at the next meeting think about how this forum can add value to this priority.

## **7. Care Services Directory for Older People**

LJ advised the forum the Care Services Directory has been produced and LJ will re-circulate to the group, for all to review and feedback any comments to LJ. LJ to review the sheltered housing details contained within the directory.

**Action:LJ**

#### **4. Any other business**

JC asked for the theme for the next meeting to be around the priorities for this forum, SF asked for jobs, finances and housing to be included within the five priorities.

PL to circulate email address for the forum attendees to the group and arrange for name plates and attendance lists to be available for future meetings.

**Action:PL**

#### **5. Dates of next meetings**

The dates of the next meetings are:

16<sup>th</sup> April 2015

16<sup>th</sup> July 2014

All to commence at 1.30 pm at Francis Crick House.