

Northamptonshire Health & Wellbeing Board: Progress Against Desired/Designated Outcomes Template

The Board wishes to note how the activities of partners map against all sections of the countywide Health & Wellbeing Strategy. Please note by quoting from or referencing relevant sections of your report any activities and actions, ongoing or completed, that are relevant to the progress towards achievement of the collective priorities as listed below. It is understood that not everything you do will map specifically against this, and also that some of the below will not be relevant to the report (leave them blank).

STRATEGY PRIORITY 1: Every Child Gets the Best Start

Where do we want to be?

- Everyone will recognise their role in our collective responsibility to improve children and young people's health and wellbeing, including parents, families, friends and schools;
- Our communities will raise children to become healthy adults, who themselves raise healthy families and are net contributors to a healthy society;
- Children's agency and resilience will be strengthened from birth, ensuring they have the capacity to negotiate key transitions (both planned and unplanned) positively;
- Young people want to make healthy choices and will seek support for their needs before they reach crisis;
- Our children and young people will have a voice in the decisions that affect them, supporting them to be involved in the identification of problems and creation of positive solutions;

How will we get there?

- Prevention, early intervention and early diagnosis will begin from conception, with holistic support throughout the 1001 Critical Days;
- Adopt a family-based approach, developing the skills, knowledge and expertise in families and communities to better support children and young people's development;
- Create nurturing environments that promote and educate the importance of healthy lifestyles from birth and throughout childhood so they are sustained into adult life, reducing the likelihood of obesity, alcohol and smoking-related diseases;
- Focus on lifelong resilience, providing the skills and tools to resist and cope with life's challenges to reduce the likelihood of mental ill health;

- Ensure children and young people have a voice and are listened to, especially in child protection work;
- Work with children and young people, valuing and incorporating their perspectives into service delivery and community development;
- Strengthen connections and information sharing between services and support provided at different points across the life course.

What outcomes do we want to achieve?

If we are getting it right, we would see the following outcomes for children and young people:

Measure

- More families receive assistance before they reach crisis;
- More children are breastfed, and for longer;
- More children achieve a higher level of development in the prime areas of learning;
- Fewer children gain excess weight during primary education;
- Fewer children and young people are admitted to hospital for unintentional and deliberate injuries;
- Fewer young people self-harm;
- Fewer young people misuse drugs and alcohol;
- More children and young people have positive mental wellbeing.

Childrens Service
PH profiles
Northamptonshire County Council

PH profiles?
PH profiles?

PH Profiles?
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Outcome	Action (What has been/is being done)	Achievement (What has it/is it achieved/achieving)	Rag Rating
More families receive assistance before they reach crisis;	<p>Northants Police</p> <p>The Northants Police Force, in collaboration with other partners, is piloting an Early Intervention Hub in Northampton North East which focusses on identifying issues with children of primary school age, and working with their families to alleviate them – See also ADDITIONAL INFORMATION section</p>	<p>EI Hub pilot started in September 2017, and is being independently evaluated by the Institute of Public Safety, Crime & Justice, University of Northampton. An interim report in due in April 2018.</p>	

	<p>Northants Police Frontline officers are trained to look out for children at risk of harm – for example, those experiencing domestic abuse – and make appropriate safeguarding referrals to MASH.</p> <p>Voluntary Sector / Northamptonshire Carers Young Carers Service currently supports 959 children and young people aged 5 – 25 years, offering services/breaks/wellbeing work/IAG.</p>	<p>370+ Groups/activities offered this year.</p> <p>428 instances of 1:1 support and 13,362 contacts.</p> <p>77% rated themselves as doing well at school. (Before receiving support, 49% said that they were not doing well or could do better).</p> <p>80% of Parents rated their child's self-esteem as good or very good since accessing the service, compared to 17% before using the service.</p> <p>80% told us they were coping better as a family and that support had contributed to them staying together as a family.</p>	
<p>More children are breastfed, and for longer;</p>	<p>Northants Police Northants Police Force Maternity Policy provides for rest periods, facilities, etc, for mothers who opt to return to work whilst breastfeeding</p>		

	<p>Corby Borough Council Corby Borough Council have a register of Breastfeeding Friendly Businesses on the website. New companies are encouraged to sign up and display the breastfeeding friendly sign.</p> <p>Working in partnership with Groundwork to deliver a four-month Green Leaders Project which would see the development of a community garden project in which vegetables would be grown in raised beds. Young people aged 14-19 will be encouraged to sign up.</p> <p>Kettering Borough Council KBC is developing a new project to promote breastfeeding and educate mothers on benefits of breastfeeding for mothers and children. We have worked with a local business which has won a national award for its support of breast feeding— Bewitched - to promote breastfeeding on their premises, displaying posters and information booklets on their premises. We are also investigating using officers carrying out food inspections to identify and encourage suitable premises to support breastfeeding and to promote these on our website.</p> <p>Northampton General Hospital NHS Trust All new mothers are given information on feeding choices. Information is readily available in clinics and on the wards. All maternity staff are trained in Baby Friendly Initiative (WHO) standards. The Trust is fully BFI accredited. The infant feeding team support maternity and any inpatients as required to initiate and maintain BF.</p> <p>Northamptonshire Healthcare NHS Foundation Trust</p> <ul style="list-style-type: none"> • Our 0-19 service received Stage 2 BabyFriendly accreditation in 2016 and is working towards assessment for Stage 3 in 2018 	<p>70+ businesses are registered</p> <p>Information on benefits of breastfeeding made easily accessible by displaying posters and booklets in prominent places.</p>	
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	<ul style="list-style-type: none"> • We are an active participant in Local Maternity Strategy with three key areas of action - increasing breast feeding initiation and maintenance rates, reducing maternal obesity and reducing maternal smoking • Our dedicated Specialist Infant Feeding Service is led by a Lactation Consultant • CEO of NHFT is our Board level Breast Feeding Champion • Work is on-going with other services and inpatient areas to ensure adequate support for breast feeding mothers undergoing medical interventions • We have increased the number of drop in sessions available across the county to support positive infant feeding practices • We offer an Introduction to Solids workshop in all localities, supported by our Infant Feeding Lead and Nutrition Pathway Lead • We have a programme of annual staff training 		
More children achieve a higher level of development in the prime areas of learning;	<p>University of Northampton The University of Northampton is committed through its Changemaker Challenges to “(making) Northamptonshire the best county in the UK for children and young people to flourish and learn”. It is doing this through identifying opportunities for staff and students, and particularly those in education and related areas, to support our young people in their journeys through childhood.</p>	There are a number of projects which the University of Northampton is undertaking in this area and support which it is providing to schools and other childhood settings.	
Fewer children gain excess weight during primary education;	<p>Corby Borough Council Corby Borough Council Alive ‘N’ Kicking programmes have been running for two years. Three programmes per year.</p>	Positive outcomes have been achieved on each programme which has been further enforced with follow-up data at 3, 6 and 12	

	<p>Corby Borough Council - To adjust to individual family needs the format of delivery will change from January 2018 when small group sessions of four weeks will be offered, replacing the usual 10 week programme. Feedback has suggested that the 10 week program deters some families from attending. The shorter format will be trialled up until Easter.</p> <p>New format well received with 100% completers. In addition working in partnership with Central England Cooperative to offer healthy smoothies and healthy choices workshop for families.</p> <p>CBC is delivering a Physical Activity Program in primary schools through breakfast and after school clubs.</p> <p>The junior leisure membership scheme is currently being reviewed to include additional activities within a monthly direct debit i.e. family orientated inclusive activities.</p> <p>East Northants Council Freedom Leisure's Active Communities Manager and ENC's Healthy and Active Lifestyles Officer are working with Northamptonshire Sport's two School Sports Managers based in the District to provide further opportunities for primary school students to participate in activity. This currently involves the provision of gymnastics coaching in schools and group visits to the climbing wall at our Nene Leisure Centre offering schools a new experience for their PE curriculum</p> <p>Kettering Borough Council Delivering joint nutrition education and sports programmes within schools.</p>	<p>months, showing sustained behavioural change.</p> <p>Supports the PE offer available to Schools adding new experiences to the curriculum.</p> <p>Empowering primary aged children to understand the</p>	
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	<p>We are taking a whole school approach to enhance children's knowledge around maintaining a healthy lifestyle. We are going to deliver a physical activity and nutrition education programme in a Park Infants School.</p> <p>We have also delivered similar programmes over the last year in Grange Primary and Southfields School.</p> <p>Northamptonshire Healthcare NHS Foundation Trust</p> <ul style="list-style-type: none"> • National Childhood Measurement Programme delivered county wide at Reception and Year 6. Children who are overweight or very overweight are offered bespoke healthy lifestyles interventions by our specialist Children's Weight Management team • School Nurses and skill mix team offer school based PHSE sessions and support for schools with nutrition and snack policies in schools • Collaborative work on-going with other Trust services e.g. Dental to ensure consistency of message and information provided 	<p>benefits and need to adopt a healthy lifestyle. Children undertaking part in regular physical activity. Increased nutrition knowledge around portion sizes, reading labels etc.</p>	
<p>Fewer children and young people are admitted to hospital for unintentional and deliberate injuries;</p>	<p>Northants Police Northants Police Frontline officers are trained to look out for children at risk of harm – for example, those experiencing domestic abuse – and make appropriate safeguarding referrals to MASH</p>		
<p>Fewer young people self-harm;</p>	<p>Northants Police Northants Police Frontline officers are trained to look out for children at risk of harm – for example, those experiencing domestic abuse – and make appropriate safeguarding referrals to MASH</p> <p>Northamptonshire Healthcare NHS Foundation Trust</p>		

	<ul style="list-style-type: none"> • Our 0-19 service has an Emotional Wellbeing pathway lead and associated work plan • We have a focus on positive attachment and perinatal mental health in early years to support positive relationships and good self-esteem in children and young people. We use the 'Five to Thrive' model across Children and young people's services • We have a dedicated Perinatal Mental Health work stream within Mental Health services linking closely with delivery of 0-19 services • Our CAMHS Live service is an online facilitated self-referral process to support young people in accessing appropriate services • Our CHAT Health Service is a text based messaging service to enable young people to contact a School Nurse anonymously if they wish. 		
Fewer young people misuse drugs and alcohol;	<p>Northants Police When invited to do so, Northants Police officers will deliver school assemblies on issues such as substance abuse</p> <p>Referral of appropriate cases to YOS' Prevention & Diversion Service for interventions and support, including substance abuse</p> <p>Corby Borough Council Corby Borough Council have an ongoing programme of delivery into schools with the Police around alcohol, drugs, Hate Crime, knife crime & violence.</p>	<p>Reduced levels of formal entry into the CJS, and subsequent reoffending</p> <p>Delivery to every secondary school on topics building awareness of issues, who to contact for help & support – building resilience and emotional awareness.</p>	

	<p>Kettering Borough Council As part of the objective to educate people on safe limits of alcohol, measuring a unit of alcohol and providing information and guidance on benefits of cutting down as well as harms caused by excess intake of alcohol, we carried out four events during national Alcohol Awareness Week for Kettering residents. We engaged with a number of people to raise awareness on harms caused by alcohol intake. We also carried out some targeted activities in Park Infants School, with reported alcohol and drug misuse amongst parents.</p>	<p>A number of people reported increased knowledge around harms caused by excess alcohol intake. We engaged with 250 people during the week.</p>	
<p>More children and young people have positive mental wellbeing.</p>	<p>Northants Police Young people and their families referred to the EI Hub on Northampton North East are all assessed using a tool which identifies, inter alia, emotional and mental health issues, and are then directed to appropriate support services</p> <p>Emergency Services Cadet scheme provides positive engagement and involvement activities</p> <p>Corby Borough Council Corby Borough Council have an ongoing programme of delivery into schools with the Police around alcohol, drugs, Hate Crime, knife crime & violence.</p> <p>East Northants Council East Northamptonshire - Our annual Youth Conference held in November was focused on promoting Healthy and Active Lifestyles. We hosted 50 secondary school children from four of our Secondary Schools at our Pemberton Leisure Centre for an interactive day of learning. This year we teamed up</p>	<p>EI Hub pilot started in September 2017, and is being independently evaluated by the Institute of Public Safety, Crime & Justice, University of Northampton. An interim report is due in April 2018.</p> <p>Delivery to every secondary school on topics building awareness of issues, who to contact for help & support – building resilience and emotional awareness.</p> <p>Positively promoting how healthy eating and being active can benefit a young persons overall health and wellbeing and re-enforcing</p>	

	<p>with the “Alive N Kicking” Healthy Lifestyle Advisors from Northamptonshire Healthcare NHS Foundation Trust who provided a range of information on healthy eating along with food tasting and healthy smoothie making sessions. Our contractor’s staff from Freedom Leisure hosted keep fit and an indoor cycling “spin” sessions so the students were left fully energised from their day with us.</p> <p>Daventry Young Citizens Scheme Year 6 pupils from schools across Daventry District and South Northamptonshire took part in the Young Citizens event in October.</p> <p>Organised by the Daventry District and South Northamptonshire Community Safety Partnership, the Young Citizen event featured a range of interactive workshops offering life lessons as well advice for staying fit and well.</p> <p>Pupils helped catch a mobile phone thief as part of a fun workshop on crime prevention run by Northamptonshire Police.</p> <p>There was advice about staying safe online with the Northamptonshire County Council Cyber Safe Unit, and lessons on the dangers of substance abuse from Solve It.</p> <p>Northamptonshire Fire & Rescue Service ran a hazard recognition quiz, while DHL brought a lorry with them for an interactive workshop on keeping safe around HGVs. The aim of the day was to promote community awareness and responsibility, heighten awareness of personal safety, and to give the pupils essential life skills to enable them to be good citizens.</p> <p>We had over 300 young people attend and this is the fifth Young Citizen event we’ve held.</p>	<p>the need for young people to look after themselves</p>	
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	<p>Kettering Borough Council We are working with Park Infants School to improve children’s emotional and mental wellbeing. We are trying to identify gaps in existing care pathway and facilitate the referral procedure to appropriate mental health services.</p> <p>KBC is also due to start delivery of “HSBC UK Go-Ride Go” initiative British Cycling at St Mary’s Primary academy in Burton Latimer. The objective of the initiative is to bring cycling to new generations, empowering families to help children learn to ride a bike.</p> <p>Northamptonshire Healthcare NHS Foundation Trust</p> <ul style="list-style-type: none"> • We have developed a young people’s Emotional Wellbeing workshops programme. We offered it to primary schools in 2017/18 school year • We offer year 7 in depth health assessment and consultation with School Nurse to all young people in Northamptonshire schools from 2017 • We have a focus on attachment and early years provision – Five to Thrive model, Solihull, etc. • We have two Video Interaction Guidance (VIG) trained professionals able to administer this process 	<p>Training needs of the staff at school have been identified. The training will enable the staff to differentiate between emotional and mental health of children and refer them to appropriate services.</p> <p>Providing sports based sessions encouraging participation and social interaction thus having a positive effect on mental wellbeing.</p>	
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STRATEGY PRIORITY 2: Taking Responsibility and Making Informed Choices

Where do we want to be?

- Families will engage with health and wellbeing promotion, support and intervention, enabling intergenerational transfer of positive lifestyle behaviours and skills;
- Lifestyle choices will be addressed holistically, recognising the connections between different public health indicators of lifestyle, for example smoking and alcohol;
- Our services and specialists will deliver integrated 'whole person' care, achieving a parity of esteem between mental and physical health;
- We will have the social and environmental conditions in which people want to make better and more informed choices, promoting enhanced quality of life for themselves and others as they age;
- People will feel connected to their communities and in control of their lives;
- Transformation of primary care will embed resources to help people to help themselves in the community;
- Our acute services will be required to respond to fewer people in crisis, enabling services to prevent and respond earlier to mental and/or physical ill health.

How will we get there?

- Focus both on individuals' behaviours and choices and the norms and cultures of communities;
- Work with people to understand the barriers to improving health and wellbeing and deliver support and information that is holistic, accessible and useable;
- Facilitate wider access to a range of resources including First for Wellbeing CIC, community pharmacies and digital/ technological innovation;
- Create the spaces, facilities and infrastructure to enable people to make healthier choices, for example improve access to leisure facilities, guide planners on how to help in creating healthy weight and food environments, and review the licensing of unhealthy establishments;
- Provide opportunities to enable people to create meaningful connections to others with shared interests, building their self-esteem, confidence and resilience;
- Work with communities, families and individuals and the technology sector to develop and implement technological innovations that support healthier lifestyles;
- Consider the longer and broader implications of service redesign, ensuring integration provides person-centred care that delivers better outcomes;
- Better and more-timely information about trends and patterns of health and wellbeing.

What outcomes do we want to achieve?

If we are getting it right, we would see the following outcomes for adults:

- More people maintain a healthy weight;
- Fewer people smoke;
- Fewer people are problematic or binge drinkers;
- Fewer people misuse drugs;

Measure

PH profiles?
PH profiles?
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PH profiles?

<ul style="list-style-type: none"> • More people feel in control of their lives and their health, reflected in their mental wellbeing; • Fewer people experience long term mental ill health; • Increase in healthier, stronger and more resilient families across generations. 	<p>Do we measure this at all?</p> <p>NHFT?</p> <p>Big question mark</p>
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Outcome	Action (What has been/is being done)	Achievement (What has it/is it achieved/achieving)	Rag Rating
More people maintain a healthy weight;	<p>Northants Police Northants Police Force provides 24-7 gyms at its main police stations, at minimal cost to officers, staff and volunteers</p> <p>Northants Police Sports & Social Club runs teams/competitions in various sports</p> <p>Northants Police Officers are supported by gym instructors to enable them to pass an annual fitness test</p> <p>Northants Police Force Wellbeing Strategy encourages officers, staff and volunteers to eat healthily; on line resources available via intranet. Initiatives in the canteens to introduce healthier options</p> <p>Emergency Services Cadet provides positive, physical activities for members (for teenagers aged 13 to 18)</p> <p>University of Northampton</p>		

	<p>The University of Northampton is committed to “(making) Northamptonshire the leading county in the UK for Health and Wellbeing”.</p> <p>Corby Borough Council CBC culture and leisure team offer a wide and varied programme of activity for all ages and abilities including swimming/diving lessons, primary schools sports coaching programs, Junior Membership, SHAPE dance, cheerleading, young people’s holiday activity scheme programme (SPLAT), mass participation events such as Jr triathlon,</p> <p>In partnership with schools support Park and Stride initiatives</p> <p>Positively promote national campaigns within CBC to support employee health and well-being and encourage building physical activity into daily life e.g. Stairway to September challenge</p>	<p>In conjunction with Northamptonshire County Council and Northamptonshire Healthcare NHS Foundation Trust, the University of Northampton have established First for Wellbeing, a Community Interest Company set up to serve the needs of the local community. The shared vision is to improve the physical, mental and social wellbeing of the people of Northamptonshire through a more integrated health and wellbeing service.</p> <p>April-September 2017 Total Attendances = 505,414</p> <p>200 children from three schools participated. Five assembly sessions to 985 children re benefits of walking</p>	
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	<p>CBC deliver Activity on Referral</p> <p>Walking for Health programme in Corby</p> <p>Signposting to First For Wellbeing - Wellbeing Adviser. For those meeting criteria a free referral to slimming world is available; sessions for which are held in CBC facilities and community halls within the borough.</p> <p>CBC is currently seeking volunteer Community Champions to engage with residents in the Hazel Leys area. As the most deprived area in the borough there are a number of challenges in relation to hard to reach groups.</p> <p>In addition the current Concession Scheme is being reviewed to be more encompassing of hard to reach groups.</p> <p>CBC working in partnership with Corby CCG - health and well-being grants are available within Corby. Outcomes of projects are currently being evaluated.</p> <p>East Northants Council Our Active Communities Programme continues to develop with various activities being launched within the District over the Spring. These include;</p> <ul style="list-style-type: none"> • Yoga sessions will be hosted at Stanwick Lakes Visitor Centre targeting those suffering with back pain. These sessions start on the 12 March 	<p>Approximately 40% of attendees join the leisure membership scheme following the completion of their programme.</p> <p>Over 100 attendances per week</p> <p>Providing opportunities and encouragement for residents to participate in local, friendly, sociable activities to assist in doing the recommended levels of activity to maintain a healthy weight.</p>	
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	<ul style="list-style-type: none"> • Our outdoor gym “Buddy Scheme” running from Raunds and Thrapston’s Recreational Grounds is starting in March. One of our Volunteers will be at these locations for a 1-hour session each Wednesday to provide support and information for those people wishing to use the equipment. • Xplorer Family Challenge located at Spencer Park, Rushden in conjunction with British Orienteering is starting on 20 March. Sessions aimed at families with young children will then take place once a month. • Walking for Health scheme to be launched with walks starting in Rushden and Oundle/Nassington/Kings Cliffe areas. • Working with colleagues at Northamptonshire Sport to maximise the benefits of partnership working and develop opportunities for residents to participate in healthy activities. • Sport Relief Mile “mass participation” Event being held in Rushden on 18 March. Targeting families and young people to take part in a fun activity based event. <p>Daventry District Council Leisure services Eat Out Eat Well scheme</p> <p>Northampton Borough Council First for wellbeing clinics every Friday within NBC’s OSS.</p>	<p>These are well attended by staff and customers. Increased signups to slimmer’s world resulting in weight loss.</p>	
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	<p>Lunchtime walks</p> <p>Kettering Borough Council Increasing access to affordable and easily accessible physical activity/sport programmes.</p> <p>Free swimming lessons – KBC provided free swimming vouchers during spring-summer health campaign.</p> <p>Health walks – A number of health walks are now run on a regular basis. Longer (60-90min) walks are offered on a fortnightly basis, shorter (30-60 min) walks are offered on a monthly basis and regular walks (30-60 min) are offered on a weekly basis. The walks are run in Kettering, Desborough, Burton Latimer. On an average 10-15 walkers attend on a regular basis.</p> <p>Walking football – Walking football sessions run at Kettering Arena (Tuesdays 10.30am – 12pm) and Desborough Leisure Centre (Fridays 10.30am – 12pm).</p> <p>Leisure pass – Leisure pass allows users a discounted access to various sites. These include, Kettering Swimming Pool, Desborough Leisure Centre, Arena Sports, The Lighthouse Theatre Montsaye Community Sports Centre, Kettering Rugby Club, Alfred East Art Gallery, Manor House Museum, Outdoor Bowls and Tennis, Rockingham Road Pleasure Park.</p>	<p>NBC staff have a weekly walking club where large number of staff join for a brisk lunchtime walk increasing exercise and weight loss.</p> <p>The community is empowered to manage their weight and provided with pertinent advice and information to maintain a healthy weight.</p> <p>Health walks and walking football is popular with a consistent number of people attending on a regular basis.</p>	
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	<p>Health assessments – Kettering residents were encouraged to reappraise their health by undertaking an online health quiz during a spring summer campaign and they were signposted to relevant services such as weight loss to achieve their goals. Physical assessments were also offered during the campaign.</p> <p>Northampton General Hospital NHS Trust Health and Wellbeing Co-ordinator employed by the Trust. At Northampton General Hospital, we recognise our responsibility for staff extends beyond providing them a safe and rewarding working environment, and the wellbeing of our staff directly affects our patients’ experience of care. Our challenge was to develop a campaign that supported the introduction of a Health and Wellbeing Strategy. Through the strategy, Northampton General Hospitals aim is to improve staff wellbeing and morale and to be recognised as a health promoting Trust that makes an active contribution to promoting and improving the wider health and wellbeing of those with whom we come into contact.</p> <p>We promote health and wellbeing initiatives through staff induction, weekly staff Bulletin sent via email, senior managers briefings, health and wellbeing display boards for staff, patients and visitors, dedicated health and wellbeing intranet pages and social media.</p> <p>Discounted Staff Gym Membership Working in partnership with Northampton Leisure Trust (Trilogy Health and Fitness), on-site fitness</p>	<p>Nearly 1000 people undertook the online health quiz.</p> <p>A baseline survey of over 700 staff informed our Health and Wellbeing Strategy and annual forward programme which focused on three key areas identified by staff.</p> <p>Our next steps were to improve access to activities to help improve fitness, mental health and wellbeing and smoking cessation.</p> <p>April 2016 – March 2017 New staff memberships = 647</p>	
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	<p>facilities were created in 2015 including; discounted membership for NGH staff—, access to the new Cripps Trilogy gym, swimming pool, on-site fitness classes for all levels of fitness.</p> <p>Nutrition and Fitness Classes We run 12 week nutrition and fitness classes in partnership with Trilogy.</p> <p>100 Day Global Challenge Northampton General Hospital has participated in the Global pedometer challenge for the past three years. Each year for 100 days, hundreds of thousands of employees around the world compete against each other in teams of seven as the Global Challenge takes them on a journey that will improve both their physical and psychological health. Employees track their steps, swim steps and cycle steps and sync them via a flexible activity tracker which is compatible with wearable fitness devices.</p> <p>Weekly in-house Slimming Group – Mission: SlimPOSSIBLE When Weight Watchers ceased running their group at the hospital in April 2017, in order to not let staff down, the hospitals Health and Wellbeing Co-ordinator set up Mission: SlimPossible. A weekly slimming group for hospital staff, providing advice and support.</p> <p>Northamptonshire Sport Business Games Northampton General Hospital has participated in the Northamptonshire Sports Business Games for two years. Teams took part in: walking football, archery, handball, hockey and tennis. The teams</p>	<p>April 2016 – April 2017 Total staff attendances = 97</p> <p>Annual participation = 147 staff members per year This initiative has been great for staff morale, promotes a healthy competitive spirit and increases personal activity.</p> <p>Membership = 35 staff members from across the hospital Combined weight loss from 3 January – 31 January 2018 = 87 lbs</p> <p>Annual Participation = 8 staff members from different departments each year</p>	
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	<p>really enjoyed taking part in this event, meeting other organisations and the healthy competition.</p> <p>Active Markers – NGH Workout @ Work Campaign Apple shaped distance markers (an apple is the logo for our health and wellbeing brand) have been introduced throughout the hospital and show how many steps to various locations to encourage staff and visitors to be more active. We have also introduced apple shaped signs with motivational messages to encourage staff to take the stairs and not the lifts. We used this to coincide with the national On Your Feet Britain campaign.</p> <p>Workplace Challenge In January 2017 Northampton General Hospital's CEO Dr Swart signed the Workplace Challenge pledge to help raise awareness of the Workplace Challenge to staff. The aim of the programme is to promote sport, physical activity and health improvements across the UK's workplaces.</p> <p>National and Local Campaigns Northampton General Hospital promotes national awareness campaigns e.g. On Your Feet Britain at internal health and wellbeing events and local initiatives e.g. Northamptonshire Sport.</p> <p>Weekly Ballroom and Latin American Dance Classes We work with a local ballroom and Latin dance school to provide classes for staff at a reduced rate and who also supported a major fundraising initiative, NGH Dancing Stars. Staff enjoy a break from work with colleagues from different areas of the</p>	<p>Northampton General Hospital won the Team Challenge and came third in the Business Games 2016</p> <p>Workplace Challenge = 65 members of staff</p> <p>Classes have proved very popular and Thursday evening dance sessions for staff have been introduced.</p>	
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	<p>Trust whilst learning the basics of various ballroom and Latin American dances.</p> <p>Improved Bike Storage Facilities Following a travel survey, we provided two lockable covered bike storage facilities for several bikes including one located outside the Cripps recreation centre, outside from where the Trilogy gym is located so staff can cycle to and from the gym if they prefer.</p> <p>Dr Bike We hold regular free Dr Bike safety checks and advice given as well as a cycle to work scheme for staff to encourage active travel.</p> <p>Charity Golf Day 6 participants from NGH raised money for the Do it for Dementia appeal.</p> <p>London to Paris Bike Ride We had one member of staff cycle from London to Paris to raise money for the Do it for Dementia appeal.</p> <p>Northamptonshire Sport Active Workplace of the Year Award Northampton General Hospital has been a finalist in the Active Workplace of the Year award 2016 and 2017</p> <p>Staff Health Checks As part of Northampton General Hospitals Health and Wellbeing annual programme, free health</p>	<p>Following the success of the lessons, some staff entered into 'NGH Dancing Stars'. We held our third Dancing Stars event June 2017 where 20 members of NHS staff performed in front of an audience.</p> <p>Cycle storage uptake April 2016 – April 2017 = 39 members of staff</p> <p>= 6 Participants</p> <p>= 1 Participant</p> <p>Staff Health Checks April 2016 – April 2017</p>	
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	<p>checks for staff are offered to discuss health and have a physical assessment of current health status including; lifestyle questionnaire, blood test for cholesterol levels, height, weight, blood pressure measurement, waist measurement and individual advice for helping staff make healthier lifestyle choices.</p> <p>Healthy Options Meals Introduced under 500 calorie meals in our main restaurant with a new deli bar installed and a 'fruit island'. Healthy eating options are now available in all our food outlets. We have installed three healthy options vending machines across the hospital.</p> <p>Northamptonshire Healthcare NHS Foundation Trust We provide a range of options to support our staff to improve their health and wellbeing, including a comprehensive well-being assessment service, exercise classes and walks programme.</p>	<p>= 104</p>	
<p>Fewer people smoke;</p>	<p>Northants Police Northants Police Force Wellbeing Strategy encourages officers, staff and volunteers to quit smoking; on line resources available via intranet Families engaging with the EI Hub on Northampton NE are encouraged to seek help in quitting smoking, if they recognize this as an issue</p> <p>Northants Police Officers have a duty to enforce the law on smoking in public places, illegal imports of tobacco, and on the sale of tobacco products to under 18s</p>		

	<p>University of Northampton The University of Northampton is committed to “(making) Northamptonshire the leading county in the UK for Health and Wellbeing”.</p> <p>Corby Borough Council 2 CBC officers trained to deliver smoke cessation. Signposting to First for Wellbeing.</p> <p>Northampton Borough Council Both First for wellbeing and Polish Stop Smoking clinics when every Wednesday and Fridays.</p> <p>Kettering Borough Council Raise awareness through national campaigns such as Stoptober and Smokefree (One You). Resources were made more accessible to the public and campaigns were promoted through social media and email engagement.</p>	<p>In conjunction with Northamptonshire County Council and Northamptonshire Healthcare NHS Foundation Trust, the University of Northampton have established First for Wellbeing, a Community Interest Company set up to serve the needs of the local community. The shared vision is to improve the physical, mental and social wellbeing of the people of Northamptonshire through a more integrated health and wellbeing service.</p> <p>Increased awareness and support to help people to stop smoking. Increased access to other Partners also within OSS, CLS, CA, Harvest Money (Credit Union) to help with savings/ budgeting/debt advice.</p> <p>Providing the community with the relevant support and guidance required to tackle any issues that maybe prevalent within their life. Signposting them to relevant services as appropriate.</p>	
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	<p>Northampton General Hospital NHS Trust Pregnant women monitored for CO levels and referred to smoking cessation service. Northampton General Hospital is a smoke free hospital, all grounds and premises are no smoking areas at all times. We have a No Smoking and Smoke Free Site Policy.</p> <p>Raise awareness through national campaigns such as Stoptober and No Smoking Day.</p> <p>Promotion is via staff Bulletin, screensavers, health and wellbeing display boards, Twitter and dedicated health and wellbeing intranet page to help signpost staff for more information on how to stop smoking.</p> <p>Increased no smoking signage and banners at entrances and across the hospital site.</p> <p>Partnership with First For Wellbeing at hospital health and wellbeing event days and No Smoking Day 2017 and 2018.</p> <p>Northamptonshire Healthcare NHS Foundation Trust NHFT clinicians making every contact count providing support for people to stop smoking and reduce alcohol consumption.</p>		
Fewer people are problematic or binge drinkers;	<p>Northants Police Northants Police Force Wellbeing Strategy encourages officers, staff and volunteers to reduce their alcohol intake; on line resources available via intranet</p> <p>Regular campaigns against drink driving</p>		

	<p>Referral of appropriate cases to YOS' Prevention & Diversion Service for interventions and support, including substance abuse</p> <p>Northants Police Officers and PCSOs are empowered to confiscate alcohol from street drinkers</p> <p>Licensing officers give evidence to district/borough council licensing committees on premises where alcohol-fuelled incidents are rife, or where licensees are lax</p> <p>Northants Police supports local Pub Watch schemes, participates in Community Safety Partnerships</p> <p>Families engaging with the EI Hub on Northampton NE are encouraged to address their substance misuse issues through appropriate referrals Where low-level offences involve alcohol, officers are empowered to issue conditional cautions with referrals to substance abuse support agencies attached</p> <p>University of Northampton The University of Northampton is committed to “(making) Northamptonshire the leading county in the UK for Health and Wellbeing”.</p>	<p>In conjunction with Northamptonshire County Council and Northamptonshire Healthcare NHS Foundation Trust, the University of Northampton have established First for Wellbeing, a Community Interest Company set up to serve the needs of the local</p>	
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	<p>Corby Borough Council Community Safety Partnership projects around responsible drinking and impacts on health, links with Pubwatch & information displays throughout the year at events and key locations.</p> <p>CBC have an ongoing programme of delivery into schools with the Police around alcohol, drugs, Hate Crime, knife crime & violence.</p> <p>Northampton Borough Council Grant Fund Street Pastors Project - £8,000</p> <p>Kettering Borough Council As detailed previously KBC has provided alcohol awareness sessions in a variety of settings.</p> <p>Northampton General Hospital NHS Trust Partnership with CGL (Substance to Solution) at health and wellbeing events also Aquarius during Alcohol Awareness Week. We also promote Dry January via social media, the staff Bulletin, health</p>	<p>community. The shared vision is to improve the physical, mental and social wellbeing of the people of Northamptonshire through a more integrated health and wellbeing service.</p> <p>Distribution of awareness and support services.</p> <p>Delivery to every secondary school on topics building awareness of issues, who to contact for help & support – building resilience and emotional awareness.</p> <p>Interacting with the night-time economy, supporting potentially vulnerable victims.</p> <p>Providing relevant levels of support and guidance to those who maybe misusing alcohol. Signposting them to relevant services as appropriate.</p>	
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	and wellbeing display boards and health and wellbeing intranet pages.		
Fewer people misuse drugs;	<p>Northants Police Northants Police Officers have a duty to enforce the law on drug cultivation and drug dealing</p> <p>Referral of appropriate cases to YOS' Prevention & Diversion Service for interventions and support, including substance abuse</p> <p>Regular campaigns against drug driving</p> <p>Northants Police participates in Community Safety Partnerships</p> <p>Families engaging with the EI Hub on Northampton NE are encouraged to address their substance misuse issues through appropriate referrals</p> <p>University of Northampton The University of Northampton is committed to "(making) Northamptonshire the leading county in the UK for Health and Wellbeing".</p>	In conjunction with Northamptonshire County Council and Northamptonshire Healthcare NHS Foundation Trust, the University of Northampton have established First for Wellbeing, a Community Interest Company set up to serve the needs of the local community. The shared vision is to improve the physical, mental and social wellbeing of the people of Northamptonshire through a more integrated health and wellbeing service.	

	<p>Corby Borough Council Support of Solve It in primary schools</p> <p>CBC have an ongoing programme of delivery into schools with the Police around alcohol, drugs, Hate Crime, knife crime & violence.</p> <p>Northampton Borough Council Grant Fund Bridge Project - £10,000</p> <p>East Northants A new project under the overview of the EN Community Safety Partnership has got under way to tackle drug misuse by young people in Oundle with specific emphasis on engaging young people in local affairs and initiatives.</p> <p>Northampton General Hospital NHS Trust Partnership with CGL (Substance to Solution) at health and wellbeing events.</p>	<p>Awareness of issues</p> <p>Delivery to every secondary school on topics building awareness of issues, who to contact for help & support – building resilience and emotional awareness.</p> <p>Supporting families and individuals suffering with drug and alcohol dependency.</p> <p>Project aims to divert young people away from substance misuse and towards engaging in positive activities.</p>	
<p>More people feel in control of their lives and their health, reflected in their mental wellbeing;</p>	<p>Northants Police Families engaging with the EI Hub on Northampton NE are encouraged to address their mental health issues through appropriate referrals</p> <p>University of Northampton The University of Northampton is committed to “(making) Northamptonshire the leading county in the UK for Health and Wellbeing”.</p>	<p>In conjunction with Northamptonshire County Council and Northamptonshire Healthcare NHS Foundation Trust, the University of Northampton have established First for Wellbeing, a</p>	

	<p>Kettering Borough Council We have engaged with a number of people through various events and pop up shops. These include;</p> <ul style="list-style-type: none"> • During the spring summer campaign, we targeted 6 key behaviours that stop people from undertaking a healthy lifestyle. Key behaviours include, moving more, being smokefree, drinking reasonably, managing stress, sleeping better and eating well. • Blood pressure checks offered and information on heart health provided at an event held in the Newland's Shopping Centre - a number of people took advantage of the blood pressure checks. • Awareness raising events during Alcohol Awareness Week. • Attended events in workplaces/conferences such as RCI and Kettering General Hospital, NHFT etc. <p>East Northants A new project under the overview of the EN Community Safety Partnership has got underway to address homelessness problems in Rushden, which have significant links to substance and alcohol misuse. The project will aim to set a new strategy and 'blueprint' for shelter and support services for homeless people.</p>	<p>Community Interest Company set up to serve the needs of the local community. The shared vision is to improve the physical, mental and social wellbeing of the people of Northamptonshire through a more integrated health and wellbeing service.</p> <p>Providing relevant information and support that enables individuals to have more control and make informed decisions about their health and wellbeing.</p> <p>The project aims to improve the support services for homeless people and put in place a long-term sustainable plan for shelter and support services.</p>	
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	<p>Northampton General Hospital NHS Trust Northampton General Hospital Health and Wellbeing Strategy encourages staff to take care of their own mental health and that of their colleagues and families.</p> <p>Various health and wellbeing events are held throughout the year for staff focussing on mental health awareness, weight management, smoking cessation, activity increase, domestic abuse support, counselling service and alcohol/drug misuse support for all staff groups e.g. at World Mental Health Day, International Nurses Day, hospital AGM. Information available via social media, the staff Bulletin, health and wellbeing display boards, health and wellbeing intranet pages and staff inductions.</p> <p>Health and wellbeing animation developed to showcase initiatives available for staff via NGH Plus app.</p> <p>February 2017 Northampton General Hospital Chief Executive signed the Time to Change Employer Pledge, a commitment to our staff to change how we think and act about mental health problems at every level of the hospital.</p> <p>We offer:</p> <ul style="list-style-type: none"> • On site counselling service available for staff • Sleep management workshops • Mindfulness workshops • Stress management workshops • MIND mental health awareness workshops for staff 	<p>April 2016 – April 2017 = 55 staff April 2016 – April 2017 = 18 staff April 2016 – April 2017 = 52 staff April 2016 – April 2017 = 34 staff August 2017 – January 2018 = 100 staff</p>	
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	<ul style="list-style-type: none"> • MIND Managing Mental Health in the Workplace Workshops for managers <p>Time to Talk Day promoted via distribution of Time to Talk Chatterbox Kits for staff to encourage staff to take time to talk to colleagues who may need support.</p> <p>Time to Talk Day – Talking Therapy Sessions In partnership with Northampton MIND, bookable 10 minute 1-1 talking therapy sessions were available for staff to talk about stress, anxiety, depression or mental health in general.</p> <p>Critical Incident Stress Debrief NGH employees who are experiencing physical or psychological symptoms associated with trauma exposure can access debrief support from our team of critical incident stress debrief facilitators. Open to all staff, clinical and non-clinical. Critical incident examples:</p> <ul style="list-style-type: none"> • Sudden death in the line of duty • Witness to a serious injury staff/patient • A physical or psychological threat to safety and well-being of an individual • Any situation that has been distressing or had a profound change to your physical or psychological functioning <p>Northamptonshire Healthcare NHS Foundation Trust We have increased access to Improving Access to Psychological Therapies (IAPT) throughout 2017/18. We treated 998 people between April</p>	<p>November 2017 – January 2018 = 96 managers</p> <p>12 kits were given out to departments</p> <p>19 staff attended a 1-1 session</p> <p>12 critical incident stress debrief facilitators have been trained to help support staff across the hospital</p>	
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	<p>2017 and January 2018 with a recovery rate of approximately 50%.</p>		
<p>Fewer people experience long term mental ill health;</p>	<p>Northants Police Northants Police Force Wellbeing Strategy encourages officers, staff and volunteers to take care of their own mental health and that of their colleagues and families; on line resources available via intranet</p> <p>Face-to-face counselling is provided by Occupational Health for Northants Police officers and staff exposed to trauma as part of their daily work, eg, the aftermath of road traffic collisions, or viewing indecent images of children for evidential purposes Telephone counselling is available for all Northants Police officers, staff and volunteers</p> <p>The Open Minds Network provides support by Northants Police officers and staff to Northants Police officers and staff</p> <p>In collaboration with NHFT, CPNs (with access to health systems) are available to provide advice via the Northants Police Force Control Room, with the option to accompany officers attending incidents involving people experiencing mental health issues</p> <p>A dedicated team of Northants Police officers based at St Andrew's Hospital to advise on policy and procedure relating to mentally ill offenders, as well as dealing with onsite incidents</p> <p>Northants Police Force has a cohort of trained negotiators to prevent suicides</p>		

	<p>Liaison & Diversion Service recommends, and where appropriate, provides a diversion to health services for mentally disordered people with offending behaviour, to enable them to access the most appropriate treatment.</p> <p>University of Northampton The University of Northampton is committed to “(making) Northamptonshire the leading county in the UK for Health and Wellbeing”.</p> <p>Corby Borough Council CBC trained 65 managers in Mental Health First Aid awareness. Responsibilities of managers and employees detailed in CBC Health and Wellbeing Charter.</p> <p>Working in partnership programs have been offered to increase physical activity for those experiencing mild to moderate mental health issues.</p>	<p>In conjunction with Northamptonshire County Council and Northamptonshire Healthcare NHS Foundation Trust, the University of Northampton have established First for Wellbeing, a Community Interest Company set up to serve the needs of the local community. The shared vision is to improve the physical, mental and social wellbeing of the people of Northamptonshire through a more integrated health and wellbeing service.</p> <p>A regular programme of awareness relating to mental health issues including promotion of national campaigns etc. Employees offered 7 day free pass to CBC leisure facilities at corporate induction.</p>	
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	<p>Northampton Borough Council First for wellbeing clinics every Friday within NBC's OSS.</p> <p>Northampton General Hospital NHS Trust</p> <ul style="list-style-type: none"> • On site counselling service available for staff • Health & wellbeing programme in place for staff • MIND Mental Health Awareness workshops for staff • Promotion of national campaigns • Awareness at hospital health and wellbeing events. Information available via social media, the staff Bulletin, health and wellbeing display boards, health and wellbeing intranet pages and staff inductions. • Continued partnership with Northampton MIND and National MIND <p>Northamptonshire Healthcare NHS Foundation Trust In partnership with Mind, NHFT has established six crisis cafés across the county to support people to reduce any immediate crisis and to 'safety plan'; drawing on strengths, resilience, and coping mechanisms to manage their mental health and wellbeing. Since March 2017, crisis cafés have supported over 875 people, 41% of whom reported attending the café prevented them using another service.</p>	<p>Early support preventing long term mental ill health.</p>	
<p>Increase in healthier, stronger and more resilient families across generations</p>	<p>Voluntary Sector A significant amount of work and progress has been done by First for Wellbeing and Voluntary Impact Northamptonshire working with the CCG STP leads</p>	<p>The first report should be ready early in the New Year to come back to the Health and wellbeing board,</p>	

	<p>to create a countywide model for social prescribing which will help to support resilient communities.</p> <p>Northamptonshire Community Foundation Northamptonshire Community Foundation is continuing to facilitate the Northamptonshire Food Poverty Network promoting best practice in supporting people in crisis and developing a programme for clients of the partnerships to shape local services including volunteer placements and training to help build skills and aspirations.</p> <p>Northants Police EI Hub pilot is designed to offer a whole family approach that addresses both individual and collective family needs, and lessens the impact of Adverse Childhood Experiences</p> <p>University of Northampton The University of Northampton is committed to “(making) Northamptonshire the leading county in the UK for Health and Wellbeing”.</p>	<p>and to involve the broad spectrum of partners who attended and were involved in the Health and Wellbeing board development day on Social Prescribing held at Grendon Hall.</p> <p>EI Hub pilot started in September 2017, and is being independently evaluated by the Institute of Public Safety, Crime & Justice, University of Northampton. An interim report is due in April 2018.</p> <p>In conjunction with Northamptonshire County Council and Northamptonshire Healthcare NHS Foundation Trust, the University of Northampton have established First for Wellbeing, a Community Interest Company set up to serve the needs of the local</p>	
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	<p>Corby Borough Council Support of Homestart 'Home wasn't built in a day' project, part of delivery group project board and facilitating session.</p> <p>Daventry District Council HWF has identified a focus on pre-school children as a priority, with the view to this being something that helps within families and as the children develop.</p> <p>Kettering Borough Council Physical activity and nutrition programme called 'Alive n Kicking' that involve whole families was delivered in Southfields School. The programme focuses on benefits of leading a healthy lifestyle.</p> <p>East Northants Council Providing opportunities and encouragement for residents to participate in local, friendly, sociable activities to assist in doing the recommended levels of activity to maintain a healthy weight.</p> <p>Northamptonshire Healthcare NHS Foundation Trust</p> <ul style="list-style-type: none"> • We are involved in strategic partnerships across Health, Social Care and 	<p>community. The shared vision is to improve the physical, mental and social wellbeing of the people of Northamptonshire through a more integrated health and wellbeing service.</p> <p>First set of workshops delivered with people attending, second workshop scheduled for February 2018.</p> <p>Healthier and more resilient families and communities.</p> <p>Brand new activity-led sessions aimed at encouraging parents to take part in activity alongside their children in a fun environment within their local parks and green spaces</p>	
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	<p>Police/YOS/Probation Services to agree key priorities and actions relating to ACE's and county approach to preventing intergenerational ACE's</p> <ul style="list-style-type: none">• We have integrated pathways within services to ensure effective referral and signposting to services for families where early intervention is appropriate• We have established closer working with Children's Centres to increase opportunities for families to access parenting support in communities		
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STRATEGY PRIORITY 3: Promoting Independence and Quality of Life for Older Adults

Where do we want to be?

- We will have achieved parity of esteem and an integrated health and social care centred around individual needs within the wider context of family and community;
- We will maintain and promote independence across all care settings with emphasis on the home;
- All health and social care organisations, including Care Homes, will have the ethos, capacity and facilities to meet the changing demand for services;
- Carers will be universally recognised, valued and empowered with information, advice and support;
- We will recognise and meet the needs of people who are not in the social care system, ensuring they are part of a supportive community that promotes their quality of life;
- Older people, including those with complex needs, will be recognised as valuable and integral members of our communities.

How will we get there?

- Continually promote parity of esteem between physical and mental health;
- Strengthen the delivery of all aspects of the Better Care Fund and in particular the Integrated Care Closer to Home work-stream;
- Better anticipate the diverse and changing needs of an ageing population, reflected in the development of the work force, housing stock and technical innovation;
- Reduce practice variation across health and social care;
- Provide adaptations and support to ensure people's homes are enabling environments to live a good quality of life;
- Ensure carers are actively involved in care decision making and provided with the support they require;
- Help communities to provide greater emotional, physical and social support to older people in their everyday interactions reducing barriers to accessing communities and services, including the development of dementia friendly communities;
- Reduce the impact of sensory loss (hearing, sight etc.) to facilitate meaningful and instrumental activities of daily living and participation in community life.

What outcomes do we want to achieve?

If we are getting it right, we would see the following outcomes for older adults:

Measure:

- Fewer avoidable hospitalisations;
- Reductions in the Delayed Transfers of Care;
- Fewer people re-admitted to hospital following discharge;
- More people enabled to live in their own homes for longer;

KGH/NGH
KGH/NGH
KGH/NGH
NASS?

<ul style="list-style-type: none"> Carers' satisfaction with services increases; More people take part in community life and community-based activities; Fewer people experience social isolation and loneliness. 		<p>?</p> <p>Volunteering rates? How to measure this?</p>	
Outcome	Action (What has been/is being done)	Achievement (What has it/is it achieved/achieving)	Rag Rating
Fewer avoidable hospitalisations;	<p>University of Northampton The University of Northampton is committed to “(making) Northamptonshire the leading county in the UK for Health and Wellbeing”.</p> <p>Corby Borough Council OTAGO courses delivered in CBC facilities. In addition with funding OTAGO is being delivered in community settings within the borough</p> <p>CBC deliver Exercise to Music and chair aerobics in CBC facilities and community settings within the borough</p>	<p>In conjunction with Northamptonshire County Council and Northamptonshire Healthcare NHS Foundation Trust, the University of Northampton have established First for Wellbeing, a Community Interest Company set up to serve the needs of the local community. The shared vision is to improve the physical, mental and social wellbeing of the people of Northamptonshire through a more integrated health</p> <p>10 attendees showed improvements in physical strength and balance</p> <p>Attendances have increased with the request for additional community sessions</p>	

	<p>To enhance well-being options within the borough a new Tai Chi class starts at the beginning of March. Yoga is currently available at two sites and will be expanded to include an additional community setting.</p> <p>Sheltered housing for older people -Identifying through support plans high level needs tenants, implementing support plans and regular monitoring to ensure necessary support in the community is in place. Monitoring health and wellbeing of tenants visiting as required. Emergency alarm 24/7 service.</p> <p>2018 falls kit training to be provided to all support staff enabling safe lifting following fall.</p> <p>Daventry District Council HWF has identified a focus on working with vulnerable adults in a more holistic way, which should work across many of the outcomes within this priority.</p> <p>Forum looking to increase OTAGO training in the district and broadcast falls prevention messages.</p> <p>Northants Police All officers trained in first aid</p> <p>Custody officers have 24-7 access to doctors, in addition to the CPNs posted in custody suites</p> <p>Dedicated team of officers and staff to prevent road traffic offences</p> <p>Regular Night Time Economy patrols to deter violent offences</p>	<p>Reducing emergency admissions</p> <p>Reducing ambulance calls – fewer avoidable hospitalisation</p>	
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	<p>East Northants Council Seated exercise sessions hosted at Spire Homes sheltered housing schemes in Rushden and Brigstock have recently started.</p> <p>Northampton General Hospital NHS Trust</p> <ul style="list-style-type: none"> • Regular reviews of re-attenders to NGH • Increased admission avoidance schemes in place with NHFT • Increased mental health support available at the front door (A&E) • Consultant connect which allows GPs to discuss issues with consultants before referring patients for admission. • Increased overnight carers service in place • Re-development/design of Intermediate Care provision <p>Northamptonshire Healthcare NHS Foundation Trust Our intermediate care team, community nursing service and community hospitals have introduced a community early warning score (CEWS) to help identify and manage unwell older adults safely in the community. Proactive care and rapid ('crisis') response maximise the number of people who avoid unnecessary hospitalisation via a programme of care in their own homes involving a multi-disciplinary team of physical/mental health nurses, therapists, doctors and rehabilitation assistants.</p> <p>All partners across the system are working on a redesign of intermediate care services to deliver integrated provision across health, social care and the voluntary sector. Primary objective of this work is to reduce the rate</p>	<p>Promoting active ageing and helping older people remain active, strong and independent, reducing the likelihood of falls.</p> <p>Unplanned hospital admissions across Q1 and Q2 2017/2018 in Northamptonshire are in line with prior year activity indicating that expected increase from demographic demand has been offset through community provision</p>	
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	of unplanned hospital admissions per 100,000 older person population		
Reductions in the Delayed Transfers of Care;	<p>Voluntary Sector The significant impact of the Carers overnight sitting service has been recognised by the A&E board and its partners.</p> <p>Its intended purpose is to provide an alternative to keeping patients in hospital where some observation and care is needed, but hospital is not necessarily the place for the patient to be kept in a bed. The overnight sitting service allows a patient to be discharge and a carer to 'sit' with the patient and free a hospital bed.</p> <p>Often for just one or two nights, it can extend up to 4 nights.</p> <p>NHS England BCF – a multi partner national team undertook a counting/process review of the DTOCs in Northamptonshire at the end of October – to ensure adherence to national policy.</p> <p>The BCF plan for 2017/19 has now been Approved and a confirmation letter received. The national focus on Delayed</p>	<p>The unintended direct benefit has been that patients scheduled for small operations have had the service scheduled instead of a normal hospital overnight stay. Patients given the option of the service have also often found they can arrange their own carer. Olympus Care have seen a real benefit in speeding discharge, as they are able to pick up from the Overnight sitting service early in the day, whereas with hospital discharges this was often not possible, or they lost hours waiting for patients who were not fully ready with paperwork and permissions.</p> <p>Feedback was positive in terms of partnership working and trust but the process was lacking confidence. Recommendations were made relating to CHC and Choice and a process workshop due to take place in January 2018.</p>	

	<p>Transfer of Care remains the BCF priority with the NHS Mandate number of 'acceptable' delays in November being validated and officially available in January 2018 for national scrutiny.</p> <p>A letter has been received by Social Care in relation to iBCF funding next year – the allocation remains as previously indicated but there will be conditions and oversight to its use.</p> <p>CQC has a further 8 areas highlighted for visits early in 2018, Northamptonshire has been one of the 8 identified, with a timeframe of April 2018.</p> <p>Northamptonshire has been identified to receive 'Enhanced DTOC support' through the consultancy group Newton Europe, funded via the BCF National Team, due to start in April.</p> <p>A revised BCF Plan with new monthly DTOC targets is due for submission by the end of April 18. The new DTOC targets have yet to be set and are at national level negotiation.</p> <p>Corby Borough Council Sheltered Housing for older people -Monitoring hospital admissions x2 weekly from control centre by T/C.</p> <p>Assessment need pre-discharge identify any adaptations required for discharge.</p> <p>Hospital visits from support staff if required to assist with discharge plans.</p>	<p>Reduction in the delayed transfer of care</p>	
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	<p>Kettering Borough Council The Health and Housing pilot between KGH, NHFT and Kettering Borough Council. The project's Housing Options Advisor is based in KGH, St Mary's Hospital and Isebrook Hospital advising and assisting patients who have a housing issue causing a discharge delay. The pilot was initially funded by KGH and NHFT for a 6 month period (July to December 17). This has been extended for a further 6 months until June 2018 to help gather further evidence with the hope of securing a more permanent arrangement in the future.</p> <p>Northampton General Hospital NHS Trust</p> <ul style="list-style-type: none"> • Additional winter money in place to increase capacity in the community • ECIP review of DTOC process • Capacity & demand being undertaken for community capacity • Three times weekly tracking meetings in place at the hospital to ensure discharge plans are being managed. • AE delivery board sighted on issues and actions • Increase in Discharge Coordinators to expedite safe and timely discharges working directly with Wards <p>Northamptonshire Healthcare NHS Foundation Trust Our intermediate care team, community nursing service and community hospitals work collaboratively with</p>	<p>Since July to the end of November 2017 the project's Housing Options Advisor has received a total of 31 referrals at KGH and 34 referrals within the NHFT hospitals in which a patient requires assistance with their housing situation. 48 of these referrals are now closed and for 85% of these cases a housing solution was successfully found through the intervention of the project enabling the patient to be discharged from hospital and reducing any delay.</p>	
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	<p>KGH/NGH/NCC and VCSE to enable safe and timely discharge home following a stay in hospital. Deploying the SAFER bundle in community hospitals has enabled us to further reduce 'red days'.</p> <p>All organisations adopted a winter DToC plan which reflected the Better Care Fund approved by H&WB in September 2017. Delivery against the plan is reviewed weekly by the Chief Operating Officer Group and monthly through the Northamptonshire A&E Delivery Board. Despite rise in demand through winter and higher rates of flu positive progress has been achieved.</p>	<p>DToC at start of Q3 2017/2018 was circa 11%. At end of February system performance is at 6%.</p>	
<p>Fewer people re-admitted to hospital following discharge;</p>	<p>Corby Borough Council Cardiac Phase IV Rehabilitation programme delivered by CBC</p> <p>In partnership Stroke Rehabilitation programs delivered by CBC and KGH physiotherapists in CBC facilities</p> <p>Sheltered housing for older people -Monitoring hospital discharges x2 weekly from 24 hour control centre. Support worker Visits to tenants on day of discharge to ensure all care packages (if required) are in place assessing any changing support needs and referring to appropriate agencies.</p> <p>Daventry District Council Care and Repair service offered by DDC.</p> <p>Northampton Borough Council Northampton Borough Council: The Hospital 2 Home provides the wrap around bespoke holistic support services required to meet the needs of the patient upon discharge.</p>	<p>Fully measured outcomes show positive improvements after 10 weeks e.g. walking unaided</p> <p>This has resulted in only ten patients being readmitted to hospital or presenting as homeless.</p>	

	<p>Our primary outcomes are to reduce the length of stay, prevent readmission and homelessness. Our secondary outcomes are to improve the customer experience of discharge and a wrap around when people come out of hospital.</p> <p>The service has been running in Northampton since May 2015 and has dealt with 300 patients; following training of health colleagues and word of mouth, 205 have been referred in the last 12 months to December 2017.</p> <p>Northampton General Hospital NHS Trust</p> <ul style="list-style-type: none"> • Additional winter money in place to increase capacity in the community to keep patients at home • Capacity & demand being undertaken for community capacity • Three times weekly tracking meetings in place at the hospital to ensure discharge plans are being managed. • Overnight Care provided to support vulnerable/anxious patients to prevent readmission <p>Northamptonshire Healthcare Foundation Trust All organisations are working together to address readmission rates for the over 65 population which are currently at 11% within 7 days. Improving hospital discharge communication from hospital to locality teams will enable timely response from community providers in the first 48 hours following discharge.</p>	<p>Our evidence suggests that the Northampton model, can on average, enable a more speedy discharge by 1-2 weeks. (Further information available if required)</p>	
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<p>More people enabled to live in their own homes for longer;</p>	<p>Corby Borough Council Home security assessments undertaken for those identified as vulnerable or have experienced crime or anti-social behaviour.</p> <p>Delivery of Scam awareness sessions for all CBC sheltered accommodation areas.</p> <p>Sheltered Housing for Older people- Support plan for all tenants to identify needs and referral to appropriate services, training support staff falls prevention referrals to falls prevention team, disabled adaptations. Emergency alarm, pendants 24 hour monitoring service.</p> <p>Community based – emergency alarm, pendants, and 24 hour monitoring service, referral to health and care services.</p> <p>Daventry District Council Daventry District Council undertaking a “Meeting Housing Needs” study</p> <p>Northampton Borough Council Grant Fund MHA Live at Home - £8,000</p> <p>Grant Fund Age UK - £40,000</p> <p>Northampton Borough Council offers disabled facility grants of up to £30,000 per application to help meet the</p>	<p>On-going identification of those needing support of home / personal security information and measures</p> <p>Identifying needs/adaptations More people to live in their own homes for longer</p> <p>Reduction of social isolation – project involves carers regularly going into older people’s homes, offer of support.</p> <p>Various outcomes being delivered, focusing on the Health and Wellbeing of older people.</p> <p>In 2016/2017 Northampton Borough Council provided disabled facilities in 86 homes to</p>	
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	<p>cost of adapting properties to better meet the needs of a disabled person. The grant is means tested and a person with disabilities may be eligible for a full grant or make a relevant contribution.</p> <p>A person is treated as disabled if one of the following applies:</p> <ul style="list-style-type: none"> • Sight, hearing or speech is substantially impaired, • Mental disorders or impairment of any kind • Substantially physically disabled by illness, injury, impairment present since birth, or otherwise • Registered or could be registered with the social care department <p>Properties are adapted in a number of ways and can include amongst other things:</p> <ul style="list-style-type: none"> • Access to and from a home such as widening doors and installing ramps • Access in and around the home • Making the home safe for a disabled person or for others living with them to provide safe care • Installing level access showers • Better able to use facilities within the home • Adapting kitchens and bathrooms • Easier and/or safer access to the garden • Installing lifts/stair lifts • Extending the property to provide ground floor bedroom facilities etc. 	<p>improve the quality of life for Older Adults and enable them to continue living in their own home or to enable an older person to be discharged from hospital to suitable safe accommodation.</p>	
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	<p>Kettering Borough Council Strength and balance exercise classes run for the frail and elderly. Sessions are aimed at people over 65, who are at a higher risk of falls. This 10 week programme is open to all Kettering residents for a small charge of £3. Sessions are delivered across the borough, which include Tudor Court (Kettering), St Andrews Court (Broughton), Harry Potter House (Kettering), and Madams Gardens (Rothwell).</p> <p>Voluntary Sector / NCF NCF's Surviving Winter appeal aims to save lives and help isolated and vulnerable elderly people and families stay warm and well during the winter months. Every penny raised through Surviving Winter is passed on to vulnerable, elderly people living in our county. Each winter, one older person dies every seven minutes from the cold. With donations we aim to work to reduce the number of older vulnerable people in Northamptonshire who die from the cold and poor living conditions to 0.</p> <p>East Northants Council Project started working with SERVE in Rushden to host an activity-based session for people living with cancer with a holistic approach to include time to talk.</p> <p>Northampton General Hospital NHS Trust</p> <ul style="list-style-type: none"> • Operates a Think Home First process • Multi-agency Tracking meetings support patients to return to their usual place of residence • Hospital based assessment completed in line with whole system approach • Signposting patient/families in regard to voluntary and community services in preparation for discharge 	<p>Install confidence and empower the frail and elderly to remain mobile within their own living environment.</p>	
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	<p>Northamptonshire Healthcare NHS Foundation Trust Our community nursing and older people's community mental health team support older people and those living with frailty to remain as independent as possible in their own homes for longer. Co-producing goal-centred care plans with patients/families/carers helps to identify people's wishes and to tailor our programmes of care more effectively.</p> <p>Northamptonshire Police Introducing the HERBERT PROTOCOL with effect from May 2018, enabling families/carers of dementia sufferers to register their loved ones via the Force website, and collect and store key information about the person which would assist in locating them should they go missing. This will ensure key information is readily available to fast-track response should a missing episode occur.</p>		
Carers' satisfaction with services increases;	<p>Voluntary Sector / Northamptonshire Carers Carers and building of effective community resilience and maintaining/sustaining/improving health and wellbeing outcomes.</p> <p>Model delivers via a detailed programme of;</p> <ul style="list-style-type: none"> • Social inclusion • Carers breaks • Carers Support • Specific health and wellbeing work <p>Via Carers Support Line/Carers Assessments/Support Groups/Carers and Cared for Cafes and Clubs/Carers Choir and Ukulele Groups/Carers Holidays/Sitting Service/Wellbeing Groups/Gym Membership Scheme/Direct Payments.</p>	<p>100% of people attending Support Groups/Choir/Cafes/Clubs rated their health and wellbeing as maintained or improved. Before attending, 42% told us they were at point of breakdown in their Caring role, since attending, this has reduced to 10%.</p> <p>48% rated their quality of life as poor or very poor before attending. 0% reported poor or very poor quality of life since starting to attend.</p>	

		94% of people rated the Carers Support Line team as helpful or very helpful.	
More people take part in community life and community-based activities;	<p>Voluntary Sector Continued development of the Social Prescribing model with community led support</p> <p>Northants Police Engaging volunteers in schemes such as Custody Visiting, Neighbourhood Watch, Block Watch, and Speed Watch</p> <p>University of Northampton The University of Northampton is committed to “(making) Northamptonshire the leading county in the UK for Health and Wellbeing”.</p>	<p>To support the future development of the Social Prescribing model, the CCG’s, FfW and VIN are working in partnership to create a bid for Social Impact funds to support the model inception and establishment within local communities</p> <p>In conjunction with Northamptonshire County Council and Northamptonshire Healthcare NHS Foundation Trust, the University of Northampton have established First for Wellbeing, a Community Interest Company set up to serve the needs of the local community. The shared vision is to improve the physical, mental and social wellbeing of the people of Northamptonshire through a more integrated health</p>	

	<p>Corby Borough Council Friends of Groups have been set up at various locations within the borough e.g. West Glebe Park, East Carlton Countryside Park etc</p> <p>Priors Hall Golf Course has been taken back in-house and will be reviewed in October 2018. Staff are currently seeking to engage with users by creating a Friends of Group (FOPHGC)</p> <p>10 volunteers trained as walking for health Walk Leaders in December to support current programs and develop new locations</p> <p>19 individuals have been trained in Level II Dance Leader to support the current SHAPE Dance programme in the community.</p> <p>East Northants Council</p> <ul style="list-style-type: none"> • Our Outdoor gym “Buddy Scheme” running from Raunds and Thrapston’s Recreational Grounds is starting in March. One of our volunteers will be at these locations for a 1-hour session each Wednesday to provide support and information for those people wishing to try the equipment to encourage residents to visit their outdoor spaces. • Six volunteers recently attended an initial meeting to explore further how they can support the existing team with delivering outreach activities throughout the District. Further training sessions booked. • Walking for Health scheme to be launched with walks starting in Rushden and Oundle/Nassington/Kings Cliffe areas. 	<p>Run by volunteers. Facilitated by CBC</p> <p>Providing new opportunities for people to take part in activity sessions within their communities to improve social interaction and sense of place.</p>	
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	<p>Daventry District Council DDC has a community grants fund</p> <p>Northampton Borough Council Grant Fund Scooter to Go - £10,000</p> <p>Grant Fund Singing4Breathing - £6,000</p> <p>Kettering Borough Council Specific activities aimed at older adults - strength and balance classes and Walking Football offered at various locations around the Borough.</p>	<p>Enabling people with a disability, who may not ordinarily have the opportunity, access to a scooter to use the Town Centre Allows people who suffer with respiratory conditions to come together regularly, improve their condition and reduce social isolation</p> <p>Improving the physical and mental state of participants and empowering them to be more active and lead a healthier lifestyle.</p>	
<p>Fewer people experience social isolation and loneliness.</p>	<p>Northants Police Engaging volunteers in schemes such as Custody Visiting, Neighbourhood Watch, Block Watch, and Speed Watch</p> <p>University of Northampton The University of Northampton is committed to “(making) Northamptonshire the leading county in the UK for Health and Wellbeing”.</p>	<p>In conjunction with Northamptonshire County Council and Northamptonshire Healthcare NHS Foundation Trust, the University of Northampton have established First for Wellbeing, a Community Interest Company set up to serve the needs of the local community. The shared vision is to improve the physical,</p>	

	<p>Corby Borough Council A full programme of activities within CBC facilities and community settings is available within Corby.</p> <p>There is also the opportunity to join Walking for Health programs</p> <p>Volunteering opportunities across the borough are available.</p> <p>Help the Homeless is a project that provides an opportunity for the homeless to get a shower, change of clothes, hot meal and drink at West Glebe Park Pavilion on two lunchtimes a week. The homeless are also issued with a food parcel to take away. Corby Nightlight offer overnight accommodation for 12 homeless during the winter months. They are also in the process of gaining accommodation which would provide 24-hour facilities.</p> <p>Dementia Friendly locker saddles are available for customers to use at the International Swimming Pool and Lodge Park. Within the Wellbeing Swim Octigo assessments are available via our Wellbeing Adviser.</p> <p>East Northants Council Walking for Health scheme to be launched with walks starting in Rushden and Oundle/Nassington/Kings Cliffe areas.</p>	<p>mental and social wellbeing of the people of Northamptonshire through a more integrated health</p> <p>Providing opportunities and encouragement for residents to participate in local, friendly, sociable activities within their locality.</p>	
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	<p>Daventry District Council Good Neighbours scheme being developed and introduced in new parts of the District.</p> <p>Northampton Borough Council Grant Fund Men in Sheds Project – £5,000 Grant Fund Dostiyo - £4,000</p> <p>Overview and Scutiny is undertaking a comprehensive Review looking at how it can make recommendations for the town to become Dementia Friendly. The purpose of the Review is to investigate the town of Northampton can become a Dementia Friendly Town</p> <p>Key Lines of Enquiry</p> <ul style="list-style-type: none"> Ø To gain an understanding of what Dementia is, and its symptoms Ø To gain an understanding of the Dementia Friendly Communities Programme, Dementia Friendly Communities Recognition Process, the BSI Code of Practice for Dementia Friendly Communities (and the foundation criteria), Ø To gain an understanding of the Dementia Friends Programme and Dementia Friends Champion Ø To gain an understanding of the effect on the health, wellbeing and the safety of people with dementia and their carers/families Ø To gain an understanding of current and potential partnership working Ø To gain an understanding of the causes and barriers to supporting people with Dementia Ø Identify any specific groups that are not accessing services 	<p>Both organisation's key deliverable is to reduce social isolation. Both are achieving.</p>	
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	Kettering Borough Council Ongoing support to Walking Football sessions for the over 50's.	Encouraging social interaction amongst elders and providing a platform to engage and make new friends as well as promoting physical activity.	
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STRATEGY PRIORITY 4: Creating an Environment for all People to Flourish

Where do we want to be?

- We will be proactive in preventing and reducing ill health and poor wellbeing caused by wider determinants;
- We will better recognise the connections between the spaces in which people live and work and the choices they make in everyday life;
- Communities will have ownership of their issues and solutions, taking action to design, create and manage localities that encourage healthier lifestyles;
- People will live in safe communities and healthy homes, having meaningful employment and contribute to the county's economic prosperity;
- People will have access to leisure spaces, green and natural spaces, recreational facilities and community assets that promote health and wellbeing;
- Northamptonshire will have an integrated transport system, enabling greater access across the county.

How will we get there?

- Encourage consideration of health and wellbeing in all relevant strategies and policies, taking into account the wider determinants of health and wellbeing;
- Create environments which support, promote and sustain healthier lifestyle choices, including healthier food environments and active travel options;
- Encourage employers to actively support the wellbeing of their workforce through the Healthier Workplace Initiative;
- Work with employers and education providers to ensure young people are best placed to obtain meaningful work;
- Housing Authorities, Northamptonshire Police and Northamptonshire Fire and Rescue Service will support residents to create healthy, warm and safe home environments with practical support, information and advice;
- Community Safety Partnerships will work to improve safety and eliminate cultures of violence;
- Improve access to Northamptonshire's open, green and natural environments, including our country parks;
- Provide and improve walking, cycling and public transport within an integrated transport infrastructure to support people to travel more easily.

What outcomes do we want to achieve?

If we are getting it right, we would see the following outcomes:

- Outcomes in Northamptonshire's most deprived areas improve, reducing the social gradient of health;
- Fewer people are living in poverty;
- Fewer people are unemployed and fewer young people are not in education, employment or training (NEETs);

Measure

Which outcomes?

Indicator?

Two indicators required, and there is a problem with NEET data

- Demand for social housing decreases;
- More people feel safe in their community;
- Domestic abuse rates decrease;
- Community resilience increases.

National House price issue!!
Public confidence figure?
Issue re this
Measure?

Outcome	Action (What has been/is being done)	Achievement (What has it/is it achieved/achieving)	Rag Rating
<p>Outcomes in Northamptonshire’s most deprived areas improve, reducing the social gradient of health;</p>	<p>Northants Police The EI Hub is being piloted in one of the most deprived areas of Northamptonshire</p> <p>University of Northampton The University of Northampton is committed through its Changemaker Challenges to “(making) Northamptonshire the best county in the UK for children and young people to flourish and learn”. It is doing this through identifying opportunities for staff and students, and particularly those in education and related areas, to support our young people in their journeys through childhood.</p> <p>East Northants Council Grants have been awarded to nine community-based projects to improve local facilities so people can take up opportunities for active and healthy lifestyles.</p>	<p>There are a number of projects which the University of Northampton is undertaking in this area and support which it is providing to schools and other childhood settings.</p> <p>The investment in community-based facilities so far from CFF is over £1M and the facilities support our healthy and active lifestyles programme and positive activities for young people.</p>	

Fewer people are living in poverty;	<p>Daventry District Council Benefits advice Housing options</p>		
Fewer people are unemployed and fewer young people are not in education, employment or training (NEETs);	<p>Voluntary Sector For Commsortia the delivery of its European contracts to offer support into Employment through direct work with organisations identifying people furthest away from the job market.</p> <p>Northants Police Referral of appropriate cases to YOS' Prevention & Diversion Service for interventions and support, including educational issues</p> <p>A key component of the Northants Police Force's work with prolific offenders engaged with AIM (previously IOM) is to assist them in obtaining training and/or employment</p> <p>Participation in the Emergency Services Cadet scheme allows young people to develop self-discipline, and learn skills which can be transferred to the workplace</p>	<p>This has enabled the building of the capacity of local communities and recognition about the value of local volunteering to aid the route to employment. VIN (Voluntary Impact Northamptonshire) compliments this through the development of sector organisations and its support for and expertise in volunteering.</p>	

	<p>University of Northampton The University of Northampton is committed through its Changemaker Challenges to “(making) Northamptonshire the best county in the UK for children and young people to flourish and learn”. It is doing this through identifying opportunities for staff and students, and particularly those in education and related areas, to support our young people in their journeys through childhood.</p> <p>Northamptonshire Healthcare NHS Foundation Trust Our Individual Placement Support Employment Service helps people get back into, and stay in, employment. Targeting people with severe mental illness and using a recovery approach helps us to maximise the impact of the service. Evidence shows people with severe mental health conditions who are in competitive work show higher rates of improvement in their symptoms.</p> <p>Compared to a 5% success rate with standard programmes, NHFT achieves a 35-50% success rate for people with severe mental illness.</p>	<p>There are a number of projects which the University of Northampton is undertaking in this area and support which it is providing to schools and other childhood settings.</p>	
<p>Demand for social housing decreases;</p>			
<p>More people feel safe in their community;</p>	<p>Northants Police Northants Officers and PCSOs patrolling the county’s streets, both on foot and in vehicles/on bikes, with increased patrols in response to incidents or intelligence</p> <p>Northants Police Officers dedicated to responding to crime and to apprehending offenders</p> <p>Northants Officers dedicated to the detection of crime and to bringing offenders to justice</p> <p>Use of stop & search powers to address knife and gun crime, as well as drug dealing, robbery and theft</p>		

	<p>Dedicated team of Northants Police officers and staff to prevent road traffic offences – Speed Watch training offered to volunteers to address local “blackspots”</p> <p>Northants Police participates in Community Safety Partnerships</p> <p>Regular crime prevention campaigns – in collaboration with Anglian Water, the Force is currently running a campaign targeted at older people to raise awareness of distraction burglary</p> <p>Promotion and co-ordination of Neighbourhood Watch, and Pub Watch schemes</p> <p>Corby Borough Council Home security assessments undertaken for those identified as vulnerable or have experienced crime or anti-social behaviour.</p> <p>Quarterly interactions with partners to promote joint working and to establish issues that matter most to residents.</p> <p>Daventry District Council Activities by Community Safety team and partners.</p> <p>Northampton Borough Council Northampton Borough Council has a Community Safety Action Plan. Numerous actions that are focussed on increasing Community Safety within the Borough – happy to share if useful.</p>	<p>On-going identification of those needing support of home / personal security information and measures</p> <p>Community Safety Officers Group, meets bi-monthly, focus of the group is the delivery of the plan.</p>	
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	<p>Kettering Borough Council This is being address through the Locally Identified Priorities asking members of the public through face to face interactions, to identify what the local problems.</p> <p>Voluntary Sector / NCF The Making Northamptonshire Safer Communities Fund is managed and facilitated by Northamptonshire Community Foundation. The fund offers grants of up to £10,000 to support the Police and Crime Plan objectives; Keeping the young safe, Putting victims first, Protecting people from harm and Community Partnerships.</p>	<p>Some of the latest figures are showing that people in the Kettering community are feeling better about the levels of anti-social behaviour, with 22% decrease in the number of incidents.</p>	
<p>Domestic abuse rates decrease;</p>	<p>Northants Police Northants Police Officers have a duty to attend reports of domestic abuse and to safeguard victims and child witnesses; use of Domestic Violence Prevention Notices to separate the parties Northants Police Frontline officers make appropriate safeguarding referrals to MASH in respect of children experiencing domestic abuse</p> <p>Notifying schools, via MASH, of pupils experiencing domestic abuse</p> <p>Young people committing DA offences against their parents or siblings can, where appropriate, be referred to PaDS for interventions to prevent further offending, and support Support for domestic abuse victims provided via Sunflower</p>		

Corby Borough Council

Home security works undertaken for those who have experienced domestic abuse.

Northampton Borough Council

ORGANISATION	PERIOD OF FUNDING	TOTAL FUNDING ALLOCATED
Northamptonshire Rape Crisis	ONE YEAR	£15,000
Northamptonshire Domestic Abuse Service	THREE YEARS	£60,000

More loosely we are funding the following organisations who do not specifically deal with these topics as specialists but work with vulnerable people for whom SV and/or DA are likely to be or have been impacting their lives:

ORGANISATION	PERIOD OF FUNDING	TOTAL FUNDING ALLOCATED
THE GOOD LOAF	ONE YEAR	£10,000
HOME-START	ONE YEAR	£18,000
NORTHAMPTON HOPE CENTRE	ONE YEAR	£10,000
RELATE NORTHAMPTONSHIRE	ONE YEAR	£8,000
NREC	ONE YEAR	£5,000
MANNA HOUSE	THREE YEARS	£36,000

To provide reassurance, increase safety of those and to enable residents to stay in accommodation rather than move or use refuge.

All are delivering outcomes, including, supporting victims of sexual violence and domestic abuse.

	<p>Kettering Borough Council Targeted work is being carried out through the Community Safety Partnership with relation to domestic abuse incidents. There are dedicated domestic abuse workers located in a number of doctor surgeries including KGH.</p>	<p>The feedback from the surgeries has been positive and the programme is to continue.</p>	
<p>Community resilience increases.</p>	<p>Voluntary Sector Commsortia, the local consortium of 50 voluntary and community sector organisations, continues to develop and deliver two major contracts enabling local community sector organisations to develop and alongside other consortiums, such as the Mental Health Collaborative Northamptonshire (MHNC) and Access Corby and Carers Partnership develop the local community sector market place.</p> <p>Northants Police Engaging volunteers in schemes such as Custody Visiting, Neighbourhood Watch, Speed Watch, and Emergency Services Cadets (for young people)</p> <p>Corby Borough Council Ongoing work of CSP, joint working to identify Locally Identified Priorities (LIP's) and actions to address. Visibility of Neighbourhood Wardens & Caretakers. CCTV in many areas to aid crime detection and prevention.</p>	<p>This is being achieved through robust assurance, monitoring, service alignment across and along pathways of care, development of collaborative working and a positive competitive environment.</p> <p>Highest community confidence in the county of 52.2% (Wellingborough 45.9%, E. Northants 44.6%, S. Northants 44.4%, Northampton 41.7%, Daventry 41%, Kettering 40.6%) results for November 2017</p>	

	<p>Northampton Borough Council Stories of resilience project, being delivered in partnership with the University of Northampton, supported by the Women's Forum.</p> <p>Kettering Borough Council Social media and the website are providing a method to inform the community and business about what's going on and some achievements that are being made. Wider promotion of the community centres for community use is being explored. Consultations within some areas of the Borough have taken place with some comprehensive results and opinions.</p>	<p>All women encouraged to submit their stories in relation to resilience, to be published in a book and to be launched at International Women's Day.</p> <p>We have seen a rise in followers on social media, which some feedback. There are a number of other social media sites that have discussions about the Borough. We have a number of PSPO's in the borough which we have seen some good results from and that is due to the community interactions we are having.</p>	
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ADDITIONAL INFORMATION

PLEASE ADD ANYTHING ELSE BELOW THAT YOU WOULD LIKE TO REPORT TO THE BOARD.

1. NHS England

National Stay Well Pharmacy Campaign

NHS England's Stay Well Pharmacy campaign, which encourages the public to ask community pharmacy teams for advice on minor health concerns, was launched on Monday 12 February 2018 and will run until 31 March 2018. The campaign is aiming to increase the public's trust and confidence in community pharmacy teams as the place to go for clinical advice for minor health concerns and encouraging people to use pharmacies rather than visiting their GP as a first port of call.

The campaign is targeting parents of children aged five years or under, aiming to increase their confidence and trust in the advice given by community pharmacy teams and encourage them to use pharmacies rather than visiting their GP for minor health concerns. Three key symptoms are the focus of the campaign: sore throats; coughs and colds; and tummy problems.

Community pharmacies will have received resources to support the campaign from NHS England. In addition NHS England is using social media and television advertising to raise awareness.



2. Healthwatch

Healthwatch Northamptonshire and Young Healthwatch have had a busy few months. Young Healthwatch (YHW) held a relaunch event on 24th October to attract new members and set their work plan for the year. Information about the day can be found at: http://www.healthwatchnorthamptonshire.co.uk/sites/default/files/relaunch_report.pdf The event was sponsored by East Midlands Academic Health Science Network (EMAHSN) and Trilogy (Northampton Leisure Trust). Moriam Chaudhury, aged 18, was appointed as the new YHW Chair and also joins the Healthwatch Northamptonshire Board. They also visited the children's wards at Northampton General on 25th Oct and responded to the Library Services consultation.

HWN recently published reports include Local Maternity Services for Nene and Corby CCGs: http://www.healthwatchnorthamptonshire.co.uk/sites/default/files/maternity_report_final_nov_2017_0.pdf , local pharmacy services: http://www.healthwatchnorthamptonshire.co.uk/sites/default/files/pharmacy_survey_report_final_091117_0.pdf hospital discharge: http://www.healthwatchnorthamptonshire.co.uk/sites/default/files/discharge_report_final_dec_2017.pdf and the experience of children and young people using health services: http://www.healthwatchnorthamptonshire.co.uk/sites/default/files/cyp_report.pdf

HWN is currently working with NCC to engage with Veterans on their health and social care needs and raising issues with NHSE about the lack of accessibility to health and social care services for deaf people. Working with the CQC we have also identified a number of care homes to visit over the next few months.

3. Northampton Borough Council

- Northampton Borough Council provides £50,000 in small grants to a variety of community and voluntary organisations, that are delivering health and well-being outcomes to the community
- Northampton Borough Council provides £135,000 a year in Cllr Community funding, supporting a number of projects that are delivering health and well-being outcomes, to improve the quality of life for the communities
- Northampton Borough Council has a community events programme, which delivers community events throughout the year, working with our community forums, including pensioners, LGBTQ, women's, diverse, youth and disabled peoples forum. The forums have a programme of works, with lots of projects and events that are delivering outcomes to improve the health and well-being of the community, i.e. International Women's Day, International Men's Day, Mental Health awareness programmes being delivered by the Youth Forum and a Tea Dance, focusing on personal safety, being delivered with the support the Pensioners forum.
- All the organisations grant funding by Northampton Borough Council are subjected to monitoring against their outcomes at 6 months and 12. The grants have been in place less than 12 months, so unable to share the figures.

4. Northamptonshire Healthcare NHS Foundation Trust

- NHFT is leading county wide review of intermediate care to provide support to people in their homes to prevent hospital admissions and to provide more support after a stay in hospital, keeping people living in their own homes for longer. Case for change agreed at the STP board and a discussion being held with Health and Wellbeing Board on April 19th.
- Northamptonshire Police are working with NHFT who provide police custody healthcare to identify how they can both reach and out and provide support to vulnerable people at a time of crisis. Committed to reducing the revolving door of crime and mental health issues.
- Working in partnership with GPs/GP Federations to develop new 'same day primary care' pathways for people wanting to be seen by their GP the same day. We have seen success with pathways for musculoskeletal and mental health conditions and, more recently, for children under 3 years old.